What's Happening...

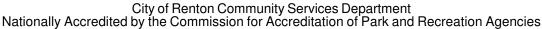
Fall 2008















Welcome

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Mayor's Message

Welcome! Now that the busy days of summer are behind us and fall has set in, we want to encourage you to enjoy the many events Renton has to offer this season. This special What's Happening guide is chock full of numerous events and activities for residents and visitors alike. From bazaars to theater productions, the activities and people of Renton make this city a great place to live, learn, work and

Our city is growing, our parks are beautiful and inviting, and our people are friendly and welcoming. Renton is a vibrant community with a

rich history and has something special for everyone, including a business-friendly environment unparalleled in the region. Renton is also surrounded by natural beauty and numerous recreational and entertainment opportunities. I encourage everyone to get out and enjoy all the fantastic amenities Renton has to offer. Whether you're taking a long walk on one of our beautiful trails, enjoying a good book at one of our public libraries, or catching a performance at Carco Theatre or the world-class Renton IKEA Performing Arts Center, we look forward to having you enjoy Renton with us.

I hope you won't miss the Piazza Renton Fall Harvest Festival, Chamber Business Expo and Restaurant Art Walk, and our Trick or Treat and "Olde" Fashioned Halloween Party. Come with your friends and families to enjoy our special holiday celebrations including the Hassle Free Holiday Bazaar and Clam Lights, the spectacular display of waterfront holiday lights at Gene Coulon Memorial Beach Park.

I invite you to use this guide as a resource for you and your family and to take advantage of the many events and activities that we offer. There are many ways to register - online at www.cybersignup.org or via our touch-tone registration at 425.430.6729, or just call 425.430.6700 and our staff will be happy to assist you.

Denis Law Mayor

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Volu<u>nteer Opportunities</u>

Got Time? Make a Difference in Your Communit

The Community Services Department offers a variety of opportunities for community involvement in which you or your organization can make a difference. Many programs are flexible so you can give the time you feel is right. We have a wide range of opportunities from a couple of hours to seasonal and long-term assignments in most City departments.

Are you are ready to "roll up your sleeves", or do you have a group interested in volunteering? Please contact Community Services at 425.430.6600, or one of the following volunteer program coordinators listed below for more information:

Parks

Bonnie Rerecich at 425.430.6600 or brerecich@ci.renton.wa.us **Housing Repair Assistance**

Tim Lawless at 425.430.6653 or tlawless@ci.renton.wa.us

Carco Theater
Vincent Orduna at 425.430.6706 or vorduna@ci.renton.wa.us
Facilities

Dennis Conte at 425.430.6643 or dconte@ci.renton.wa.us
Renton Public Libraries

Aaron Oesting at 425.430.6830 or aoesting@ci.renton.wa.us **Renton History Museum**

Dorota Rahn at 425.255.2330 or drahn@ci.renton.wa.us
Recreation Programs

Kris Stimpson at 425.430.6700 or kstimpson@ci.renton.wa.us **Special Events**

Shirley Anderson at 425.430.6700 or sanderson@ci.renton.wa.us Renton River Days and 4th of July

Sonja Mejlaender at 425.430.6514 or smejlaender@ci.renton.wa.us Renton Senior Activity Center

Shawn Daly at 425.430.6633 or sdaly@ci.renton.wa.us **Specialized Recreation**

Sean Claggett at 425.430.6700 or sclaggett@ci.renton.wa.us

Youth Athletics

Donna Eken at 425.430.6700 or deken@ci.renton.wa.us

Not finding what you are looking for? Additional information on volunteer opportunities with the City of Renton, or other community programs, is available on our website at rentonwa.gov and type "volunteer" into the search.

Upcoming Volunteer Opportunities Clean Saturday



Our "Green and Clean" Saturday park volunteer project at Heritage Park (233 Union. Avenue NE) is a great way to dig-in and help maintain the parks for everyone to enjoy. We invite you to make it a family day. We'll pro-vide the tools, water, and a small snack to keep you energized. We ask you to get ready to roll up your sleeves, enjoy the changing autumn leaves, and

help with park maintenance. Children under 14 must be accompanied by an adult or guardian. Call 425-430-6600 for more information or to register your group, yourself, or your family! Check-in begins at 9:00am.

Volunteering is now easier, thanks to our volunteer trailer full of tools donated by McLendon Hardware.

How can you get involved?

If you have a business or organization, or even a motivated group of friends or family that is interested in partnering with the City for a volunteer project, we can make a match. You bring the "volunteer-power" and we'll bring the tools! For more information contact Bonnie Rerecich at 425.430.6600 or brerecich@ci.renton.wa.us

Hundreds of people contribute thousands of hours of service annually throughout the City of Renton. You are coaches, mentors, civic leaders, members of organizations and clubs. You are young or young-atheart and have made a commitment to formal and informal programs that enhance the lives of our residents. Your civic engagement builds a community and network of neighborhoods that care and we want to express our gratitude to all of you.

We make it easy to help maintain Renton's beautiful parks, trails, and natural areas by matching your business, organization or group of volunteers to a park that needs your assistance. Many groups have discovered the secret of team-building through volunteering together while you help restore and maintain the natural beauty to a local park for the community to enjoy for generations to come.

We offer the opportunity to adopt a park as a one-time or an ongoing event. We provide the tools, and our experienced park staff will work with you to be sure to find the right park for your group to get involved, give back, enjoy the outdoors, and see the fruits of your labor.

Contact Bonnie Rerecich at 425,430,6600 or brerecich.renton.wa.us for more information.

Special Events

TEAM-UP with us!

Sponsoring Community Service Programs is a great way to make a difference our community. By teaming up with the City of Renton and becoming a sponsor, you will serve a vital role and support a more livable community. Sponsorships provide businesses with a unique and innovative way to positively promote and increase public awareness of their company or organization, while also demonstrating dedication to the community you serve through your contribution. There are opportunities to sponsor activities for all ages, and in many different areas of interest. We take special care in customizing and personalizing the experience to meet the needs of all those involved.

We currently have sponsorship opportunities available for...

The Arts Sports Programs
Special Events Senior Programs
Specialized Recreation

For more information, contact Bonnie Rerecich at 425.430.6600 or brerecich@ci.renton.wa.us.

Renton Senior Activity Center Holiday Craft Bazaar

Saturday, November 1

Handmade crafts by Renton area adults 50 and over will be on sale from 10:00am to 4:00pm. Registration for tables begins September 2. **Call 425.430.6633** for information.



Hassle Free Holiday Bazaar Friday, November 21 and Saturday, November 22 Shoppers, make Renton Community Center your first stop for those special holiday buyes Over 100 yearders will be an hand to present a wide variety of hand

Shoppers, make Renton Community Center your first stop for those special holiday buys. Over 100 vendors will be on hand to present a wide variety of hand crafted items just in time for your holiday decorating. Friday, shop from 11:00am to 6:00pm and Saturday, shop from 9:00am to 5:00pm. Food and refreshments will also be available.

Call Shirley Anderson or Jennifer Spencer at 425.430.6700 for information.

K9 Candy Cane 5K Fun Run & Walk Sunday, December 7

This run/walk will start at 9:00am at the Renton Community Center and travel along the Cedar River Trail before looping back to the Community Center. Competitive runners, fun runners, walkers, junior athletes, families (with or without dogs) are all invited. Free, after-race pictures with Santa will also be available. Pre-registration is \$20 (includes t-shirt) and must be postmarked by November 27. Late registration is \$25 (no t-shirt guaranteed). Pet Food Drive: Bring a can of pet food to be donated to the Renton Food Bank to help the pets of those in need. Class #43883.

Special thanks to our co-sponsors

Fairwood Physical Therapy Fleet Feet Sports Aussie Pet Mobile







Special Events

Soccer Challenge

Friday, September 5

Ages 5 to 14. Held at Ron Regis Park, this soccer skills competition is open to all boys and girls and begins at 6:00pm. Skills tested include ball throw-in, distance kick, goal shooting, and ball dribbling. Contestants will be divided into divisions based on their age as of 12/31/08 and gender. Preregistration required. Class #44621.

Special thanks to our co-sponsor



Renton Sports & Spine Physical Therapy

2008 Teen Summit Wednesday, October 8
Check-in begins at 8:00am
Summit begins at 8:30am and ends at 1:00pm

The Teen Summit focuses on creating opportunities, connections and resources for youth to develop into strong, healthy, civically and environmentally conscious, and driven members in the community. Join us at the Renton Community Center for a fun-filled day of motivational speakers, educational break-out sessions such as money management, healthy lifestyles, career pathways, going green and much more!

There will also be a resource fair with teen-focused organizations on site and an opportunity to be a part of a discussion panel where teens discuss what issues are important to them and how the City can become more youth-friendly in terms of programs and resources we can offer.

Don't miss out! This event is for youth in grades 7 to 11 who reside in the Renton area. Lunch is provided. It is your opportunity to learn, discuss, and walk away with valuable resources to make a difference in your life and in your community!

To register, download a registration form at rentonwa.gov and click on Recreation or call the Renton Community Center at 425.430.6700. Registration begins September 15.

Co-sponsored

City of Renton Renton Police Department Renton School District **Valley Medical Center** Puget Sound Energy Seattle Seahawks





Renton Shredathon Saturday, October 11 9:00am-12:00pm

Join us at Sam's Club Parking located at 901 S. Grady Way for a document shredding event. Residents are invited to bring up to five boxes containing paper documents to be destroyed in a truck-mounted shredder. Boxes should be 12 to 15 inches deep x 10 inches high or bring the amount of paper a box that size would hold. Donations of canned goods will be accepted for Renton Food Bank.

Iron Mountain will provide the shredding services. Renton Police Department will provide information related to identity theft and all participants will be entered in a drawing to win a free home shred-

For details go to rentonwa.gov and search shredathon or call 425.430.7520.

Co-sponsored by

City of Renton **Renton Police Department** Sam's Club Iron Mountain









Community News

Lights! Sirens! Traffic Accidents!

Have you ever wondered what it's like to be a police officer? Are you curious about how the police department works? How does Renton compare to *CSI: Miami*? Come and find out!

The next session of the Renton Police Department's Citizens' Academy will begin on Wednesday, September 17. The Academy lasts 12 weeks and will meet on Wednesday evenings from 7:00pm to 9:00pm. Members of the police department will speak on a variety of topics ranging from Patrol Procedures to SWAT Operations. Academy participants will have the opportunity to ridealong with a patrol officer and to tour the jail, the dispatch center, and the police department.

Citizens' Academy is a wonderful opportunity to get to know Renton's Finest and to better understand local law enforcement and the criminal justice system. You must be at least 18 years old to attend. Applications will be accepted until September 5th, and priority may be given to those who live and work in Renton. Class size is limited to 25 people, and recent classes have filled up very quickly – get your application in now!

Applications can be obtained by calling 425.430.7520 or downloaded from the City website at rentonwa.gov.

7th Annual Harvest Festival and Business Expo Saturday, October 11

Enjoy a variety of booths including arts and crafts vendors, and Master Gardeners at the Piazza (S. 3rd Street and Burnett Avenue S.) from 10:00am - 4:00pm. Food vendors will be on site and there will be music to delight and entertain you. View and vote for the Best Scarecrow. Pumpkin decorating activities are provided at the Kids Booth, courtesy of Piazza Renton. While at the festival, check out the Renton Chamber of Commerce's Business Expo in the Spirit of Washington Event Center where 80 Renton businesses are on hand to showcase their products and services. No admission fee for either event. For information about the Fall Festival, visit piazzarenton.com or call Meri at 425.228.1977 or Linda at 206.772.4010. For more information about the Business Expo, visit gorenton.com or call Kellie Jordan at 425.226.4560.

Downtown Storefront Scarecrows Throughout the month of October

Bring the whole family to stroll the streets of downtown Renton to enjoy scarecrows and festive fall decorations in business windows and storefronts. Scarecrows will be on display from October 1 to October 31.

Downtown Trick or Treat and Olde Fashioned Halloween Party Saturday, October 25

Bring your little ones to downtown Renton businesses for safe tricks and treats from 1:00pm to 4:00pm. Look for signs in the windows and doorways of participating businesses. Continue the celebration at the Olde Fashioned Halloween Party in Main Street Square (enter on 200 block of Main Avenue S.) for fun activities, make your own costumes, games and fun for families. For more information, contact Toni Nelson at 425.226.6124 or toninelson2@comcast.net.

Communities In Schools of Renton

Helping Kids Succeed Visit renton.ciswa.org

Helping Kids Prepare for Life Since 1994, Communities In Schools of

Since 1994, Communities In Schools of Renton has been bringing resources and families together to keep children in school and help them lead productive lives.

Make a difference in just one hour a week!

Mentors provide Renton school children with encouragement, guidance, and friendship. A mentor serves as a mature and experienced role model and friend who supports and encourages success. Participants meet for one hour each week during the school day. They play games, sports, do arts & crafts, or just talk.

School Supplies Needed

Help kids come to school ready to achieve. Communities In Schools of Renton accepts donations of new pens, pencils, folders, notebooks, markers, coats, clothing, and other items for distribution to children in the Renton community.

For information call Dr. Sari Pascoe or Erin Iverson at 425.430.6659.



Ask other caring adults to spend time with your child.

Holiday Happenings



Clam Lights Friday, December 5

Special thanks to our co-sponsors Ivar's Inc Puget Sound Energy



Start your holiday season off with an evening of entertainment, holiday spirit, and stunning visual effects. Enjoy a covered wagon ride and a community sing-a-long. A fun event for young and old alike. This event draws thousands of spectators each year.

6:30pm - Entertainment

- 7:15pm Official "Clam Lights" Lighting Don't miss the 15th Annual Clam Lights event at Gene Coulon Memorial Beach Park. What started as a small lighting display has now expanded to an event that draws thousands of people each season with its wondrous array of lighting. The magic begins when the main switch is thrown to transform Gene Coulon Beach Memorial Beach Park into a winter wonderland. Marvel at the lighting on the buildings, trees, shrubbery, and walkways. See Clam Lights nightly through January 1.
- 7:30pm "Parade of Boats" Welcome the arrival of the Rainier Yacht Club's lighted boat parade. Each boat is decked out in the spirit of the season, and will surely be a thrill for all.

Holiday Celebration in Downtown & Tree Lighting Saturday, December 6 Kick off the holiday season in style in downtown Renton. Enjoy caroling, hot cider,

Kick off the holiday season in style in downtown Renton. Enjoy caroling, hot cider, and roasted chestnuts on S. 3rd Street between Williams Avenue S. and Main Avenue S. from 2:00pm - 5:00pm. Then stroll to the Piazza (S. 3rd Street and Burnett Avenue S.) at 5:00pm for an evening of fun. The program features a line-up of local musicians and singers, a visit from Santa, children's gifts, and free refreshments. Be there for all the fun, and remember your camera for Santa photos! Downtown event sponsored by downtown businesses. Piazza event sponsored by Piazza Renton and supported by the City of Renton. For information about Piazza event, visit piazzarenton.com or call Pat at 425.917.0173 or Meri at 425.228.1977. For more information about the downtown event, contact Toni Nelson at 425.226.6124 or toninelson2@comcast.net.

Santa's House in Downtown Renton

December 12, 13, 19 and 20 Fridays (5:00pm-7:00pm) and Saturdays (1:00pm-4:00pm)

Visit Santa's House in the Piazza Park (S. 3rd Street & Burnett Avenue S.) to tell him all your holiday wishes. Free photos and sittings for good boys and girls. For more information, contact Toni Nelson at 425.226.6124 or toninelson2@comcast.net.

Argosy Christmas Ship Wednesday, December 17

Featuring entertainment by a local northwest choir, the Christmas Ship will be just off the shores of Gene Coulon Memorial Beach Park from 8:00-8:20pm. The ship's annual visit draws an audience of thousands and is sure to put you in the holiday spirit. For information, visit argosycruises.com.

Breakfast with Santa

Children ages 2 to 12 are invited to a special Saturday breakfast with Santa. Parents, grandparents, and kids can enjoy a fabulous breakfast and wonderful entertainment. Children must be accompanied by an adult. The breakfast and program are prepared with the help of Renton Senior Activity Center volunteers. Two seatings, 9:00am and 12:00pm, are available. Advance tickets are required. Call the Renton Senior Activity Center at 425.430.6633.



Places to Swim

Lindbergh Pool Swim Schedule

16740 128th Avenue SE - 425.204.4440 or renton.wednet.edu Schedule effective September 2 through December 20

Concaa	c chective ocpicin	oci z illiougii becci	IIDCI ZU	
Monday	Tuesday	Wednesday	Thursday	Friday
	E	arly Riser Lap Swim		
Shallow Water Exercise	Deep Water Exercise	Shallow Water Exercise	Deep Water Exercise	Deep Water Exercise
Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Private Lessons
	Lap Swim/Open Swim (shallow end)			
Youth Lessons				
High School Swim Practice				
Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Private Lessons
Chinook Swim Team Practice				
	Deep Water Exercise		Deep Water Exercise	Open Swim (shallow end)
Open Swim			Open Swim 7:00-8:30pm	
Lap Swim Shallow Water Exercise	Lap Swim Adult Lessons	Lap Swim Shallow Water Exercise	Lap Swim Adult Lessons	
	Shallow Water Exercise Swim Lessons Swim Lessons Lap Swim Shallow Water	Monday Tuesday Example 1 Shallow Water Exercise Swim Lessons Lap Swim High Swim Lessons Swim Lessons Chir Deep Water Exercise Ope Lap Swim Shallow Water Lap Swim Adult Lessons	Monday Tuesday Early Riser Lap Swim Shallow Water Exercise Swim Lessons Swim Lessons Lap Swim/Open Swim (shallow Youth Lessons High School Swim Practice Swim Lessons Swim Lessons Chinook Swim Team Pra Deep Water Exercise Open Swim Lap Swim Shallow Water Adult Lessons Sallow Water Shallow Water Shallow Water Shallow Water	Early Riser Lap Swim Shallow Water Exercise Swim Lessons Swim Lessons Swim Lessons Lap Swim/Open Swim (shallow end) Youth Lessons High School Swim Practice Swim Lessons Swim Lessons Chinook Swim Team Practice Deep Water Exercise Deep Water Exercise Open Swim Lap Swim Adult Lessons Lap Swim Adult Lessons Shallow Water Adult Lessons Shallow Water Deep Water Exercise Lap Swim Adult Lessons Lap Swim Adult Lessons

Saturday

10:00am-12:00pm - Lap Swim/Private Lessons 11:00am-12:00pm-Adult Lessons 12:00-2:00pm - Open Swim 2:00-6:00pm - Available for Rentals

Sunday

2:00-6:00pm - Available for Rentals

Swim Lessons

Swim lessons are offered for ages 6 months to adult. Each session is nine lessons. Cost per session is \$49.50. Dates and times vary.

(Call 425.204.4440)

These pools are operated by the Renton School District. Please call the number listed for each pool for more information.

Hazen Pool Swim Schedule

1101 Hoquiam Avenue NE - 425.204.4230 or renton.wednet.edu Schedule effective September 2 through December 20

Schedule enective September 2 through December 20					
Time	Monday	Tuesday	Wednesday	Thursday	Friday
11:30am-12:00pm	Lap Swim				
5:30-7:30pm	Swim Lessons Issaquah Swim Team			Issaquah Swim Team	
7:30-8:30pm	Open Swim				
8:30-9:30 pm		Lap	Swim		

Saturday and Sunday

12:00-6:00pm - Available for Rentals

Swim Lessons

Swim lessons are offered for ages 6 months to adult. Cost for eight lessons is \$44. Cost for nine lessons is \$49.50. Dates and times vary.

Call 425.204.4230

Places to Play



Fall Into Fun

Join us at your neighborhood park for Fall Into Fun 2008. Recreation staff will keep kids moving with a daily line-up of active games and creative projects. This free, drop-in program is sponsored by the City of Renton.

Kennydale Park

2428 Aberdeen Avenue NE

Kiwanis Park 700 Union Avenue NE

Philip Arnold Park 720 Jones Avenue South

> Teasdale Park 601 South 23rd

Tiffany Park

1902 Lake Youngs Way SE

Hours are Monday - Thursday, 3:30pm to 7:00pm, and are subject to change without notice. Program begins September 2 and ends October 16.





Highlands Neighborhood Center

800 Edmonds Avenue NE

Closed September 1, November 11, 27 & 28, and December 25 & 26. Subject to change without notice.

Operating Hours

Monday - Friday 3:00pm - 9:00pm Saturday 11:00am - 5:00pm

Club Highlands

Ages 6 & up. Membership to Club Highlands is free. The membership card provides staff with contact information, allows members access to free drop-in activities, and helps promote ownership in the neighborhood center. Ask staff for a registration form. Club Highlands members are invited to join the following activities:

Monday	Arena Sports	3:30-4:30pm
Tuesday	Tournament Time	4:00-5:00pm
Wednesday	3 on 3 Basketball	5:00-7:00pm
Thursday	Art Club	4:00-5:00pm
Friday	Kids' Night	6:00-7:00pm

North Highlands Neighborhood Center

3000 NE 16th

Closed September 1, November 11, 27 & 28, and December 25 & 26. Subject to change without notice.

Operating Hours

Monday - Friday 2:30pm - 9:00pm

Club North Highlands

Ages 6 & up. Membership to Club North Highlands is free. The membership provides staff with contact information, allows members access to free drop-in activities, and helps promote ownership in the neighborhood center. Ask staff for a registration form. Club North Highlands members are invited to join the following activities:

Monday	Group Games	4:00-5:00pm
Tuesday Wednesday	Tournament Time Arts & Crafts	4:00-5:00pm 4:00-5:00pm
Thursday	Movie of the Week (PG or G)	4:00-6:00pm
Friday	Teen Time - Basketball	7:00-9:00pm

Discover Renton Parks!

Your Renton Parks are the place to be for fall family fun! Local park features include play structures, ballfields, outdoor basketball courts, picnic tables, and lots of open space! Take advantage of one of our City's finest resources and discover your parks today! Visit http://rentonwa.gov/living/default.aspx?id=17924 to see our interactive parks map.

Rental Information

The Renton Highlands and North Highlands Neighborhood Centers welcome your interest in renting our facilities and are available during non-programmed hours on a quarterly basis. The use must be consistent with the intended use of the facility and comply with Parks Commission Rules and Regulations. Afterhours rentals are contingent upon the availability of staff. No long-term rentals are available.

For more information, call 425.430.6700.

Preschool Programs

to Parents/Guardians:

- Parents/guardians should accompany children to and from class.
- Please be prompt for pick-up as children get anxious.
- Some classes are designed as a Parent & Me program, others are not. To help eliminate interruptions, parents and non-registered children are asked to refrain from entering the teaching area during class.
- Many of our instructors will ask for parent helpers to assist in the classroom. Please check with your instructor the first day of class.

Ceramic Keepsakes

Ages 6 months & up. Join ceramic artist, Erin Ball, to create a one-of-a-kind keepsake using your child's handprints along with a personalized message. Projects are listed below. Each project requires a 10-minute appointment. Appointments are available from 9:30am to 1:00pm. Call the Renton Community Center.

Large Vase	\$45	11/1
	\$35	11/1
8" Tile	\$18	11/1
Mug	\$20	11/1
Ornament	\$20	11/1
	Large Vase Dinner Plate 8" Tile Mug Ornament	Dinner Plate \$35 8" Tile \$18 Mug \$20

Creative Hands

Ages 3 to 5. You and your favorite adult should dress for a mess as you create a variety of hands-on arts and crafts projects to take home and enjoy to come. Each project is themed and relates to the seasons or holidays during the class session. Held at North Highlands Neighborhood Center. No class November 11.

#44675 9/23-10/28 #44676 11/4-12/16 10:00-10:45am Macomber\$40R/\$48NR

Saturday

Ages 4 to 6. Forget those Saturday morning cartoons and join us for some kid fun! Listen to a story, create wonderful crafts, and enjoy a snack with all the friends you have made in class. Sign up for one or try them all. Supply fee of \$3 per class paid to instructor.

Trick or Treat

#44677 10/18 10:00-11:30am Smith \$15R/\$18NR

Fall Frolics

#44678 11/8 10:00-11:30am Smith \$15R/\$18NR

Awesome Ornaments

#44679 12/6 10:00-11:30am Smith \$15R/\$18NR

Baby Dance I

Ages 6 weeks to 7 months (with Mom). Postpartum exercise for Mom and lots of fun for baby. Dancing and singing songs that are fun and easy will help aid baby in development, boost their awareness, and create a special bond. Meet other mothers and discuss a new subject each week. Dads welcome!

#44781 9/29-11/3 1:00-2:00pm Petersen \$42R/\$50NR

Baby Dance II

Ages 8 months to 20 months. Exercise, fun, and play for parent and baby! Designed for stimulation of fine motor skills, you and your child take part in partner exercises with balls, playing drums and shaking instruments. Freeze dancing for following directions and parachute fun for lots of laughter.

#44680 9/29-11/3 11:00am-12:00pm Petersen \$42R/\$50NR

Dance for Fun

Ages 4 to 5. This movement class will seem like playtime to your child while experiencing the foundation of basic dance techniques. Enjoy warm-up and dance exercises that are fun! Class focuses on incorporating specific movements, and concepts such as rhythm, balance and use of space and coordination.

#44780 9/29-11/3 4:45-5:35pm Petersen \$36R/\$43NR

Toddler Two-Step

Ages 2 to 3 (with parent). A fun fastpaced class to inspire your little one to dance and love music. Dancing with streamers, stars, scarves, marching with instruments, and playing drums is what Ms. Cynthia has in store for lots of giggles. Join in the fun and get those little toes tappin'.

#44687 10:00-10:45am Petersen\$42R/\$50NR



Programs taught by Studio 3 Music.

Dream Pillow

Up to 17 months (with parent). This class is designed to provide families a special place for learning and connecting with other parents and babies through music and movement, providing the natural learning your child is ready for from the first days of life. A materials fee of \$40 will be collected at the first class. Materials include: CD, literature, book, art banners, and instrument. No class October 8.

#44692 9/24-12/10 W \$150R/\$180NR 11:30am-12:15pm

ABC, Music and Me -Carnival of Music & Animals

Ages 18 months to 3-1/2 years. In this class you and your child will uncover an engaging musical world together in a warm and welcoming community. You'll enjoy singing, moving, listening, interacting socially and playing instruments. A materials fee of \$40 will be collected at the first class. Materials include: two CDs, instrument, and two magazinestyle activity guides. No class October

#44693 W 9/24-12/10 10:30-11:15am \$150R/\$180NR

ABC, Music and Me -Jumping Beans and Join the

Ages 3-1/2 to 5 years. This class takes you and your child on a musical journey of discovery and exploration. We'll play instruments, enhance vocal development, learn keyboard skills and musical concepts through activities that promote problem solving, self-confidence and individual expression. A material fee of \$40 will be collected at the first class. Materials include: CD, instrument, and two magazine-style activity guides. Parents attend the last 10 minutes for family sharing time. No class October 8. W 9/24-12/10 #44694

\$150R/\$180NR 12:30-1:15pm

Preschool Programs

vout these great programs at Highlands Neighborhood Center!

Wee Sing and Play

Ms. Sharon will teach you and your child fun action songs while incorporating musical instruments, ribbon wands, the parachute and more! The children will then run, jump, ride and explore the indoor playground toys. No class November 10.

Ages 18 months to 3 (with adult)

9/15-10/20 М #44695 #44696 Μ 10/27-12/8 9:00-10:00am Sharp \$36R/\$44NR Ages 2 to 4

#44697 Μ 9/15-10/20 #44698 10/27-12/8 М 10:10-11:10am Sharp \$36R/\$44NR

Messy Makers

Ages 2 to 5 (with adult). Tiny fingers will have fun exploring paint, glue, glitter, feathers and more with Miss Sharon! You and your favorite adult should dress for a mess. All supplies included. No class November 10.

#44783 9/15-10/20 M #44784 М 10/27-12/8 1:00-1:30pm Sharp \$33R/\$40NR 9/15-10/20 10/27-12/8 #44785 M #44786 М 1:45-2:15pm Sharp \$33R/\$40NR

Tumble Wees

This program is designed to promote and foster self-confidence and selfesteem with positive motivation. We encourage both boys and girls to learn gymnastics in a positive way. We do a musical warm-up and tumble, dance, learn balance, and add to your child's strength and flexibility. Ann is a certified gymnastics instructor. No class November 27.

Ages 2 to 3

#44700 W 9/17-10/22 5:00-5:40pm #44701 Diaz \$60R/\$72NR Th 9/18-10/23 #44702 Th 10/30-12/11 9:30-10:10am Diaz \$60R/\$72NR

Ages 3 to 5

#44703 W 9/17-10/22 5:45-6:25pm \$60R/\$72NR Diaz #44704 Th 9/18-10/23 #44705 10/30-12/11 Th 10:15-10:55am Diaz \$60R/\$72NR

Toe Stomping with Tots

Ages 18 months to 3 (with adult). A structured music movement class for parents and toddlers. In each class, we will sing action songs, dance, and play instruments. This is a wonderful time for you and your child! Ms. Sherill is a former preschool teacher. No class October 11 and November 8.

9/27-12/6 #44706 10:00-10:45am Parish \$46R/\$56NR



aby Signs®

The Baby Signs® Program incorporates the most useful, "baby friendly" signs from American Sign Language and combines them with signs that babies and parents have created themselves and found particularly useful.

Sign, Say and Play

Ages 6 months to 2 (with parent). Baby Signs instructor Nancy Moe takes you and your child on a six-week adventure! This program highlights signs that are most important in the lives of babies. You and your child will learn signing through fun games with BeeBo the Baby Signs Bear, signing practice through delightful songs, and play activities that reinforce important language, cognitive and so-cial-emotional skills. Kit supply fee of \$45 paid to instructor at the start of class. #44787 9/22-10/27 М \$20R/\$24NR 10:00-11:00am Moe

"Simon the Salmon" Ages 5 to 7. Using the Times Times

Ages 5 to 7. Using the story "A Salmon for Simon" by Betty Waterton, students will take a journey through the lifecycle of a salmon, learn the importance of taking care of our rivers and streams, the importance of our ecosystem, and enjoy a nature walk to see the salmon run in the Cedar River.

#44789 10:00-11:30am Gimmestad \$17R/\$20NR

My Own Masterpiece

Ages 2 to 3. Parents, you and your child will create a masterpiece of memories together. Each week those little hands will explore paint, glitter, glue, stamping, and other exciting crafting materials. Dress for a mess and make some new friends. Each session is themed. Supply fee of \$5 paid to instructor. No class November 27.

#44690 9/18-10/23 #44691 Th 11/6-12/18 1:30-2:15pm Schlecht \$40R/\$48NR

Terrific Tots Playground

Ages 10 months to 3. Discover the possibilities at our indoor playground. Energyfilled kids will delight in the opportunity to run, jump, climb, and explore. Parents provide the supervision while kids fuel their imaginations with oodles of toys and space. Don't miss this chance to play, play, play. Register for one or both days. No class November 11, 20 & 27.

#44681 9/23-12/16 9:30-11:00am Staff \$27R/\$32NR #44682 9/25-12/18 Th 9:30-11:00am Staff \$25R/\$30NR

Baby Signs Potty Training

Ages 1 to 3(with parent). Everything you and your baby need to know to make potty training fun and easy! This exciting new program combines the power of the Baby Signs program with developmentally appropriate practices that help ba-bies easily potty train before the age of two. Highly motivational products with the "Potty Train" theme makes this program ideal! Kit supply fee of \$45 paid to instructor at the start of class.

#44788 \$20R/\$24NR 12:00-1:00pm Moe

Don't miss the Baby Signs Parent Workshop on page 20

Yout<u>h Programs</u>



The Purple School Chinese Language Class

Ages 6 to 10. The Purple School teaches children other languages through singing, drawing, and playing games. Our experienced teachers use an immersion-based learning model, field-tested curriculum, and an energetic mix of songs, poems, games and concrete academic goals. If your child is a beginner, you'll be amazed how naturally and quickly your child learns another language. If your child already speaks the other language, you'll be thrilled at how excited they are to maintain and build skills in that language. Please bring a snack to class. For more information on our school and our Harvard founder, visit PurpleSchool.com.
#44777 M 9/22-11/24

#44777 M 9/22-11/24 4:00-6:00pm Shui \$200R/\$240NR

Young Ladies & Gentlemen

Ages 6 to 10. Children rarely beg for the opportunity to attend a class on manners, and yet it is the key to building positve friendships, and strong self-esteem. This fun workshop, taught by Final Touch Finishing School, teaches telephone etiquette, basic table manners, introductions, personal care, and posture. Each student receives a "goodie bag" to take home. Optional booklet (\$5) or audio tape/booklet set (\$10) of "10 Skills Every Child Should Possess," available for additional cost from instructor.

#44665 S 11/1 9:00am-12:00pm \$30R/\$36NR

Starting Point

Ages 11 to 17. Guys and gals, overcome the anxieties about how to look, what to say, and what to do in this fast-paced, interactive course taught by Final Touch Finishing School. Topics include first impressions, introductions, posture, appearance, and manners. Never again wonder how to correctly eat a french fry! #44666 S 11/1 12:30-4:30pm \$35R/\$42NR

Renton Youth Symphony Orchestra

Ages 12 to 21. The Renton Youth Symphony Orchestra offers students an opportunity to perform unabridged classical compositions as a group. If accepted, tuition per quarter is \$75 for residents and \$90 for non-residents. Rehearsals are held at Carco Theatre Monday evenings from 6:30 to 9:00pm beginning September 15 and end with the concert on December 14. For audition information, call 425.430.6706.

Paper Arts No.

Ages 7 to 11. Get creative with paper! Join Shelly Gordon for some paper fun as she introduces different ways of creating unique art out of everyday paper. Class will focus on use of color, design and explore paper mosaic, paper weaving and more. Supple fee of \$5 paid to instructor. Held at North Highlands Neighborhood Center. No class November 10.

#44639 M 11/3-12/15 4:30-5:30pm Gordon \$69R/\$83NR Shudo-Kai Karate Jutsu

Ages 7 & up. Instructor Jim Curtis teaches the art of Shud-Kai Jutsu which is a very practical version of Okiuawan, which makes this class ideal for self-defense. #44804 T/Th 9/9-12/4 4:00-5:00pm Curtis \$169R/\$203NR

"Simon the Salmon"

Ages 5 to 7. Using the story "A Salmon for Simon" by Betty Waterton, students will take a journey through the lifecycle of a salmon, learn the importance of taking care of our rivers and streams, the importance of our ecosystem, and enjoy a nature walk to see the salmon run in the Cedar River.

#44789 S 9/20 10:00-11:30am Gimmestad \$17R/\$20NR



For the next generation of mechanical, structural, and robotic engineers! Learn about important engineering concepts such as gear ratios, locomotion, energy storage, and compound machines, as you construct a variety of mechanisms using LEGO and other hands-on and take-home building materials. At the end of the course, students will be able to take home all non-LEGO creations Class held at the Renton Community Center. Cost is \$155 plus \$25 material fee.

 Apprentice Engineer - Ages 7 to 9
 Junior Engineer - Ages 9 to 11

 10/1-11/19
 W
 4:45-5:45pm

 10/1-11/19
 W
 6:00-7:00pm

For general information, inquiries, and registration go to www.ctworkshop.com or phone 1-877-299-2546.

Youth Programs

Afterschool Kids' Enrichment

Join us for an amazing hour of homework assistance, and interactive fitness activities. Students will also learn about nutrition and healthy eating habits. These clubs are open to students grade 2 through 5 who attend the elementary school where the program is held. Held in the cafeteria. No program November 10, 11, 20, 24, 25, 26 & 27.

Club Bobcat

At Benson Hill Elementary School. 10/20-12/8 #44622 М 3:15-4:15pm Fast \$30R/\$36NR

Club Panther

at Maplewood Heights Elementary School. #44625 10/20-12/8 3:15-4:15pm Fast \$30R/\$36NR

Club Kodiak

at Kennydale Elementary School. 10/20-12/8 #44623 М 3:40-4:40pm Fast \$30R/\$36NR

Club Cougar

at Cascade Elementary School. #44624 10/21-12/9 3:15-4:15pm Fast \$30R/\$36NR

Club Roadrunner

at Renton Park Elementary School. #44626 W 10/22-12/3 \$30R/\$36NR 3:15-4:15pm Fast

Club Eagle

at Sierra Heights Elementary School. #44627 W 10/22-12/3 3:40-4:40pm Fast \$30R/\$36NR

Club Husky

at Highlands Elementary School. 10/23-12/11 #44628 Th 3:15-4:15pm Fast \$30R/\$36NR

Club Tiger

at Tiffany Park Elementary School. 10/23-12/11 #44629 Th 3:15-4:15pm Fast \$30R/\$36NR

Club Tiger

at Talbot Hill Elementary School. #44630 10/23-12/11 3:40-4:40pm Fast \$30R/\$36NR

Vout these great programs at Highlands Neighborhood Center!

Tumbling & More

Ages 6 to 8. Designed to foster selfconfidence and self-esteem, this program will teach the balance beam, vault, bars, and tumbling moves. We do a warm-up, learn balance, add to your child's strength and flexibility, and have fun. Ann is a certified gymnastics instructor.

#44631 9/17-10/22 6:30-7:10pm Diaz \$60R/\$72NR

Tae Kwon Do

Ages 6 and up. Join instructors Carla Abbott and Glenn Diola of New Generation Tae Kwon Do School. They will instruct students in the formal arts of Korean Martial Arts style including Hapkido and Hwrang Do. This is a program for the entire family. Cost is \$52R/ \$62NR per session. No class November 11 & 27.

Beginning White Belts #44632 T/Th 5:30-6:30pm 9/16-10/23 #44633 T/Th 5:30-6:30pm 10/28-12/11 Gold & Orange Belts

#44634 T/Th 6:30-7:30pm 9/16-10/23 #44635 T/Th 6:30-7:30pm 10/28-12/11

Green Belts & Above

#44636 T/Th 7:30-8:30pm 9/16-10/23 #44637 T/Th 7:30-8:30pm 10/28-12/11

Renton Rookie Athletics

These sport specific classes are designed for the beginning athlete. Fun is our theme and each week we will teach a different skill encouraging each participant to learn the very basics. Our goal is to strengthen selfesteem by introducing kids to sports in a fun, safe, non-competitive environment where children can feel good about participating in youth sports.

Fee is \$28R/\$33NR. Ages 3 to 5 Multi-Sport #44715 T 10/7-11/18 9:30-10:15am Soccer Ages 3 to 5 #44716 T 10/7-11/18 10:25-11:10am Multi-Sport #44717 M 10/6-11/10 Indoor Soccer Ages 4 to 6 5:30-6:30pm Ages 4 to 6 #44718 M 10/6-11/10 6:45-7:45pm



Steppin' Together Dance

"Steppin' Together" Dance

"Steppin' Together" Dance offers professional instruction with a strong emphasis on technique, fitness, and fun, all in a nurturing and motivating environment. Each student receives individual attention, initiating the creative expression, joy and appreciation of dance and music.

- Students in Ballet and Dance Theatre classes must wear pink leather ballet shoes, black leotards and pink tights. No house slippers.
- Students in Jazz classes must wear black jazz shoes, black tights, and black leotards. No house slippers.
- Students in **Hip-Hop classes** must wear sneakers and comfortable clothing. Boys wear white t-shirts, black sweatpants or shorts, and black shoes.
- Dance classes are formatted as limited viewing. Parents will be able to watch students on the first and last day of class.

Registration Guidelines: Please refer to the class prerequisites when deciding on class placement. **Dance Line** - For dance specific questions (**not** related to registration or space availability) directed to the instructors, please call 425.430.6749 and leave a message.

Dance Theatre

Ages 3 to 4. This is a great introduction to dance. Learn the basic steps of ballet, jazz, and hip hop while moving your body to the beat. This class has lots of room for imagination and is great for developing creativity and confidence.No class November 11 and 27.

#44790 9/30-12/16 10:00-10:40am \$66R/\$79NR 10/2-12/18 #44792 \$66R/\$79NR 10:50-11:30am #44803 10/2-12/18 3:15-3:55pm \$66R/\$79NR

Goodbye and Welcome

We are sorry to say that Robin Morris will no longer be part of the Steppin' Together Dance Staff. Ms. Carrlee will be teaching all Dance Theatre, Ballet and Jazz programs this fall.

We would also like to welcome to our program, our new Hip Hop instructor, Autumn Middlestadt. Autumn has been teaching classes for eight years. She taught for United Spirit Association, coaching cheer/dance teams around the state of Washington. Autumn has also been in several performing groups, including KUBE's hip hop squad for SummerJam and a member of the Sonics Dance Team for 3 years.

Steppin' Together Dance Recital Spring 2009

Our recital will feature dances performed to hits from the big screen including Disney, Pixar and more.Registration begins December 2 for residents and December 4 for non-residents. Don't miss out!

Intro to Jazz
Ages 4 to 5. Excellent for beginning dancers. Students will build their concentration and coordination learning basic jazz steps in a positive environment. No previous dance experience required. No class November 11.

#44797 9/30-12/16 11:35am-12:20pm \$69R/\$83NR

Jazz I/II

Ages 6 to 8. Great for beginners or continuing students. Learn basic jazz steps and across-the-floor movements and begin to develop a personal sense of artistic expression. No class November 27.

#44802 Th 10/2-12/18 \$74R/\$89NR 4:00-4:55pm

Hip Hop I

Ages 5 to 7. Great for beginners and dancers with some experience. Learn the fundamentals of hip hop and funky choreography set to the latest urban dance music. Students will take part in creating their own dance routines. No class November 11.

#44793 9/30-12/16 5:30-6:25pm Middlestadt \$74R/\$89NR

Hip Hop II

Ages 8 to 10. Great for beginners and dancers with some experience. Learn the fundamentals of hip hop and funky choreography set to the latest urban dance music. Students will take part in creating their own dance routines. No class November 11.

9/30-12/16 #44794 Middlestadt \$74R/\$89NR 6:30-7:25pm

Intro to Ballet

Ages 4 to 5. Excellent for beginning dancers. Students will learn basic ballet stretches while building their concentration in a positive environment. No previous dance experience required. No class November 11 and 27.

#44795 9/30-12/16 10:45-11:30am \$69R/\$83NR 10/2-12/18 #44796 Th \$69R/\$83NR 10:00-10:45am

Ballet I

Ages 5 to 6. Prerequisite: Students with some dance experience. Great for beginners and experienced students as well. This class combines learning discipline with beginning techniques of classical ballet. We will also learn basic counting and musicality used in ballet class. No class November 27. #44798 10/2-12/18 Th \$74R/\$89NR 5:00-5:55pm

Ballet II

Ages 6 to 8. Prerequisite: Ballet I or some dance experience. This class is great for beginners and experienced students and covers basic ballet fundamentals and vocabulary. This is a great class to begin learning basic classical ballet combinations and explore ideas of musicality. No class November 27.

#44799 Th 10/2-12/18 \$74R/\$89NR 6:00-6:55pm

Ballet III/IV

Ages 7 to 10. Prerequisite: Ballet II or instructor permission. Grow as a dancer as you learn new steps. Students will learn more advanced ballet vocabulary, create a stronger classical ballet technique, and will receive tutoring in dancing as a member of an ensemble and in developing personal expression.No class November 27.

#44800 Th 10/2-12/18 7:00-7:55pm \$74R/\$89NR

Ballet V

Ages 11 to 18. Prerequisite: Ballet III/IV or instructor permission. Continue to enhance your skills as a dancer. This class will focus on advance steps and combinations while examining composition. Students will receive individual attention in order to create strong classical ballet technique. Individual expression and musicality are emphasized. No class November 27.

10/2-12/18 #44801 Th 8:00-9:00pm \$77R/\$92NR



Teen Scene

Renton Youth Council

The Renton Youth Council (RYC) consists of teens that live in Renton or attend middle or high school in Renton. This diverse group strives to make a difference in our community by:

- Organizing activities
- Educating the public about youth issues
- Volunteering at community events to make Renton a positive and active place for youth and teens

Dodgeball League

Ages 11 to 16. Anyone for dodgeball? Get your team together or sign-up as an individual and we will put you on a team. You will play two-minute games each night with your team of six to ten players. If you think two minutes is short, think again! The last day of the league will be the tournament to determine the overall champion. League standings will determine tournament seeding. You can't find fun like this, along with a great workout, for only \$5 per person. Held at North Highlands Neighborhood Center. No class October 8.

#44567 W 10/1-11/19 7:00-8:30pm Nishi \$5R/\$5R

The Big Screen

Ages 11 to 17. Enjoy it on the Big Screen! Join your friends and watch the latest PG-13 or PG movie. Pizza, popcorn, candy, and pop will be available for purchase. Held at North Highlands Neighborhood Center from 8:00 to 10:00pm.

Friday, September 26 Friday, October 24 Friday, November 21 Friday, December 12

Teen Nights

Ages 11 to 17. We will have a 3-on-3 basketball tournament, game room tournaments and much, much, more. If you like movies, we have that too! Only the latest PG-13 movies will be shown. Snacks will also be provided and prizes will be won. Don't miss out on this great program designed just for teens to have fun and get some exercise in a fun way. Held at Highlands Neighborhood Center from 7:00 to 10:00pm.

Saturday, September 13 Saturday, October 11 Saturday, November 8 Saturday, December 6 Drawing 101

Ages 11 to 14. Join Shelly for a fun, basic drawing class and discover your potential as an artist! A drawing starts the process of all styles of art as well as being a beautiful form itself. Learn how to use value and shading to add 3D depth to your drawings. You will be welcomed to the world of realistic drawing by studying still life, human figure drawing, and more. Supply fee of \$6 paid to instructor. Held at North Highlands Neighborhood Center.

#44575 M 9/22-10/27 4:30-5:30pm Gordon \$69R/\$83NR

Hip Hop Poetry

Ages 12 to 15. Got something to say? Speak then! Join the Hip Hop Poetry Experience and learn about the culture of the spoken word poetry. In this class, you will learn to pen group and individual spoken word poems, write hip hop lyrics, create unique performances and practice freestyle. You will also create a book and record a CD of your very own spoken word poetry. The Hip Hop Poetry Experience builds your skills by using video/audio examples of spoken word poetry, your favorite lyrics, and interactive activities. Join us and express yourself! Supply fee of \$6 paid to instructor. Held at North Highlands Neighborhood Center. No class November 11 & 27.

#44574 T/Th 10/7-12/4 6:00-8:00pm McElroy \$69R/\$83NR

The Thrill of Racing!

Ages 14 to 18. There's no school, so join us and experience the thrill of racing at Traxx! You choose your helmet, zip up your race suit, jump in the kart, and strap yourself into the fun! Bring your friends and leave them in the dust while you have the pedal to the metal going up to 30 miles an hour. The course contains 14 turns on a 1/4 mile track. Participants must provide their own money for food. When we return, we'll relax and watch a PG or PG-13 movie. Meet at North Highlands Neighborhood Center.

#44576 F 10/10 9:00am-5:00pm Nishi \$35R/\$42NR

Pacific Science Center Adventure

Ages 11 to 15. There's no school so join us for a fun trip to the Pacific Science Center. We will check out the latest exhibits, the planetarium and an IMAX movie. Please bring money for food and souvenirs. **Meet at North Highlands Neighborhood Center.**

#44566 M 11/10 9:00am-5:00pm Nishi \$30R/\$36NR

Beginning Hip Hop Dance

Come have fun and enjoy a full hip hop routine! Learn styles from new school hip hop and even go back in to time and learn some old school moves! Each week we'll learn a small routine and at the end of the course, we will put them together to create a grand performance! Held at Highlands Neighborhood Center. No class November 26.

Ages 11 to 15

#44560 W 9/24-10/29 #44564 W 11/5-12/17 7:00-8:00pm Mercado \$50R/\$60NR Ages 16 & up

#44809 W 9/24-10/29 #44810 W 11/5-12/17 8:00-9:00pm Mercado \$50R/\$60NR

Marauding Miniatures

Ages 10 to 17. This program will introduce you to the world of miniature gaming. Thanks to Wizards of the Coast and Hasbro this program is free to all participants. Each week we will be role playing in one of the following fantasy settings: Dungeons & Dragons, Axis & Allies, or Star Wars. Imagination, creativity, and a fun attitude are a must to make this a success. Sign up today and start gaming, miniature style! Held at Highlands Neighborhod Center.
#44568 M 9/8-12/15 3:00-6:00pm

Fantasy Game Club

Ages 11 to 17. Back and better than ever! Thanks to Wizards of the Coast and Hasbro this program is free to all participants. Each week of this game club will be continuing role-playing games within the Dungeons & Dragons setting. Imagination, creativity and a fun attitude are a must to make this club a success. Sign-up today and start your adventure! Held at Highlands Neighborhood Center. No class October 31 and November 28.

#44569 W 9/10-12/17 3:00-6:00pm

D&D All Day Long

Ages 11 to 18. Enjoy a role-playing event like no other! This program will start at 10:00am and the games will go for 8 hours with a break for lunch (provided free to participants). To help the game get started, participants are required to attend a session of Fantasy Game Club the Wednesday before this event. Held at Highlands Neighborhood Center.

#44570 S 10/11 10:00am-6:00pm #44573 S 11/8 10:00am-6:00pm



Yout<u>h Sports</u>

Renton's Youth Sports Mission:

Youth Athletics is dedicated to:

Providing enjoyable recreation programs for children regardless of their athletic ability;

Encouraging children to have fun, learn new skills, and feel good about participating in youth sports;

Developing self-esteem and good sportsmanship through meaningful and fair sports competition;

Providing quality coaches, facilities, and clearly defined standards.

Tumbling & More
Ages 6 to 8. Designed to foster selfconfidence and self-esteem, this program will teach the balance beam, vault, bars, and tumbling moves. We do a warm-up, learn balance, add to your child's strength and flexibility, and have fun. Ann is a certified gymnastics instructor. Held at Highlands Neighborhood Center.

#44631 9/17-10/22 6:30-7:10pm Diaz \$60R/\$70NR

Tae Kwon Do

Ages 6 and up. Join instructors Carla Abbott and Glenn Diola of New Generation Tae Kwon Do School. They will instruct students in the formal arts of Korean Martial Arts style including Hapkido and Hwrang Do. This is a program for the entire family. Cost is \$52R/\$62NR per session. Held at Highlands Neighborhood Center. No class November 11 and 27.

Beginning White Belts

#44632 T/Th 5:30-6:30pm 9/16-10/23 #44633 T/Th 5:30-6:30pm 10/28-12/11

Gold & Orange Belts

#44634 T/Th 6:30-7:30pm 9/16-10/23 #44635 T/Th 6:30-7:30pm 10/2812/11 Green Belts & Above

#44636 T/Th 7:30-8:30pm 9/16-10/23 #44637 T/Th 7:30-8:30pm 10/28-12/11

Dodgeball League

Ages 11 to 16. Anyone for dodgeball? Get your team together or sign-up as an individual and we will put you on a team. You will play two-minute games each night with your team of six to ten players. If you think two minutes is short, think again! The last day of the league will be the tournament to determine the overall champion. League standings will determine tournament seeding. You can't find fun like this, along with a great workout, for only \$5 per person. Held at North Highlands Neighborhood Center. No class October 8.

#44567 10/1-11/19 7:00-8:30pm Nishi \$5R/\$5R

Renton Rookie Athletics

These sport specific classes are designed for the beginning athlete. Fun is our theme and each week we will teach a different skill encouraging each participant to learn the very basics. Our goal is to strengthen self-esteem by introducing kids to sports in a fun, safe, non-competitive environment where children can feel good about participating in youth sports. Fee is \$28R/\$33NR. Held at Highlands Neighorhood Center. No class November 11.

Ages 3 to 5 9:30-10:15am Multi-Sport #44715 T 10/7-11/18 Ages 3 to 5 10/7-11/18 10:25-11:10am Soccer #44716 T Multi-Sport Ages 4 to 6 #44717 M 10/6-11/10 Indoor Soccer 5:30-6:30pm Ages 4 to 6 #44718 M 10/6-11/10 6:45-7:45pm



Play and laugh with your children!.

"Friday Night Lights" Flag Football Instructional

Program emphasis is on fun, participation, and skill development. Players will be divided by grades. All skill levels are encouraged to play. Players meet once a week for six weeks and will receive basic instruction followed by scrimmage play. Program held regardless of weather. Held at Ron Regis Park.

Grades 2 and 3

#44688 9/12-10/17 5:00-6:15pm Staff \$48R/\$57NR Grades 4 and

#44689 9/12-10/17 6:30-7:45pm Staff \$48R/\$57NR



Youth Sports

1st to 9th Grade

League emphasis is on fun, participation, and skill development. Separate leagues for boys and girls based on grade. All skill levels are encouraged to participate. Each team will practice one to two times per week beginning the week of December 1 with games beginning in early January. Practice nights and locations will be determined by volunteer coaches. Game days will vary depending on league enrollment. Fee is \$46 for residents and \$54 for nonresidents. Space is limited.

Registration begins September 15.

Coaches and Referees

Applications for youth basketball coaches and referees are available at the Renton Community Center. Applicants should be able to work with children and have a basic knowledge of the game. The program is geared toward sportsman-ship and skill development. New and returning coaches must complete a certification program.



Great Tasting Lunchmeat

for supporting Youth Athletics 2008.

Soccer Challenge Friday, September 5

Ages 5 to 14. Held at Ron Regis Park, this soccer skills competition is open to all boys and girls and begins at 6:00pm. Skills tested include ball throw-in, distance kick, goal shooting, and ball dribbling. Contestants will be divided into divisions based on their age as of 12/31/08 and gender. Preregistration required. Class #44621.

Special thanks to our co-sponsor



See page 4 for the K9 Candy Cane Fun Run

Pre-Season Basketball Classes

Get ready to fine-tune your basketball skills. Designed for both boys and girls interested in learning the fundamentals of basketball in a structured, fun environment. All skill levels are encouraged to participate. City of Renton staff will lead and coordinate the program. Dribbling, shooting, passing, teamwork, and sportsmanship will be taught during this fun class that encourages children to feel good about participating in youth sports. Sign up early as space is limited. No class November 11.

Grades 1 and 2

#44683 10/7-11/18 5:30-6:30pm Staff \$30R/\$36NR Highlands Neighborhood Center

Grades 3 and 4

#44684 10/7-11/18 6:40-7:40pm Staff \$30R/\$36NR **Highlands Neighborhood Center**

Grades 5 to 7

#44685 Th 10/9-11/13 5:30-6:30pm Staff \$30R/\$36NR Nelsen Middle School

Grades 6 to 8

#44686 Th 10/9-11/13 6:40-7:40pm Staff \$30R/\$36NR Nelsen Middle School

Learn to Skate at Castle Ice!

Ages 4 & up. Designed by U.S. Figure Skating, the Basic Skills Program is a beginning ice skating program that is fun, challenging and rewarding. Participation in the program enables beginners of all ages to learn the fundamentals of the sport and begin a lifetime commitment to health and wellness. Classes include skate rental, one half hour on ice instruction and one hour on ice practice time after a half hour of instruction. Skills will be evaluated at the end of the seventh class.

9/20-11/8
11/15-12/27
\$99R/\$119NR
9/23-11/11
11/18-12/30
\$99R/\$119NR

Youth Sports

Fall Tennis Programs

We have teamed up with Aces Tennis to offer expanded tennis programs for everyone. Located at 401 Olympia Ave. NE in Renton, Aces Tennis is a local business providing professional services and supplies for a variety of tennis needs. Program includes lessons, camps, teams, tournaments, and special events. All registration will be taken through the City of Renton.

Youth Lessons

Ages 5 to 12. These lessons are for beginners. In a short amount of time, kids can be out playing on the court. These beginning lessons provide the basic skills needed including etiquette, rules and scorekeeping, along with basic fundamental instruction. Rain make-ups will be held Friday evenings. Held at McKnight Middle School.

Ages 5 to 7 #44653 9/6-9/27 9:00-10:00am \$44R/\$53NR Ages 7 to 12 #44654 T/Th 9/16-9/25 5:00-6:00pm \$44R/\$53NR

Teen and Adult Lessons

Ages 13 & up. These lessons are designed for beginners. In just a short amount of time, players will be playing real tennis. The beginning class introduces the basic skills needed to learn the game of tennis. Etiquette, rules, scorekeeping, along with basic tennis fundamentals will be covered. Rain make-ups will be held Friday evenings. Held at McKnight Middle School.

#44661 9/6-9/27 1:00-2:00pm \$44R/\$53NR T/Th #44660 9/16-9/25 6:00-7:00pm \$44R/\$53NR

Junior Tennis Camps

Ages 7 to 14. This is a great opportunity for beginning and intermediate level players to improve their tennis skills, make new friends, and enjoy tennis in the fall! Camps include instruction, drills, and games. All this tennis fun is packed into three hours. Be sure to bring a snack and something to drink each day. Held at McKnight Middle School.

#44655 9/6 S S S S #44656 9/13 #44657 9/20 #44658 9/27 #44659 S 10/4 \$24R/\$29NR 10:00am-1:00pm Aces

Rain makeups for weekday lessons will be held Friday evenings. Rain makeups for Saturday lessons will be added at the end of the session. Call our rainout line at 425.430.6719.

For more information on any of these programs, contact Aces Tennis at 425.235.9495 or visit acestennis.net.



Skyhawks Afterschool Sports Clubs

Ages 5 to 11. Skyhawks Sports Clubs will enhance your skills through a variety of fun-filled drills, exercises, and games. These programs are facilitated by Skyhawks with an emphasis on participation, sportsmanship, and personal enjoyment. No program November 11, 20, 25 and 27.

Soccer

#44719 9/30-10/21 \$33R/\$40NR 3:10-4:30pm **Highlands Elementary School** #44720 9/30-10/21 \$33R/\$40NR 3:10-4:30pm **Renton Park Elementary School** 9/30-10/21 #44721 3:35-5:00pm \$33R/\$40NR Sierra Heights Elementary School 10/1-10/22 #44722 \$33R/\$40NR 3:10-4:30pm **Benson Hill Elementary School** 10/1-10/22 #44723 \$33R/\$40NR 3:35-5:00pm Kennydale Elementary School #44724 10/1-10/22 3:35-5:00pm \$33R/\$40NR Talbot Hill Elementary School #44725 10/2-10/23 Th \$33R/\$40NR 3:10-4:30pm **Cascade Elementary School**

Basketball #44726 10/28-12/2 3:10-4:30pm \$33R/\$40NR **Highlands Elementary School** 10/28-12/2 \$33R/\$40NR 3:10-4:30pm Renton Park Elementary School 10/28-12/2 #44728 3:35-5:00pm \$33R/\$40NR Sierra Heights Elementary School 44729 W 10/29-11/19 #44729 \$33R/\$40NR 3:10-4:30pm **Benson Hill Elementary School** 10/29-11/19 #44730 \$33R/\$40NR 3:35-5:00pm **Kennydale Elementary School** #44731 10/29-11/19 3:35-5:00pm \$33R/\$40NR Talbot Hill Elementary School #44732 Th 10/30-12/4 \$33R/\$40NR 3:10-4:30pm

Cascade Elementary School

www.skyhawks.com for more information.

Youth Athletic Associations

Soccer:

Cascade Soccer Club cascadesoccerclub.org or 425.277.1582 Highlands Soccer Club425.227.6072 GŘJSA425.241.5736 or www.GRJSA.org

Football:

Renton Rangers rentonrangers.org or 206.713.3777
Benson Bruins bensonjrfootball.org or 425.228.3525

Baseball:

Newcastle newcastlebaseball.com

Adult Sports

Upcoming Adult Athletic Leagues				ues		
	Class #	Registration Starts	Sea Starts	son Ends	Team Fee	Location
Men's Fall Basketball Leagues: "Upper Rec" - Tuesday "Lower Rec" - Tuesday	#44109 #44110	8/1 8/1	9/30 9/30	12/16 12/16	\$460 \$460	Renton Community Center Renton Community Center
Men's Winter Basketball: "Upper Rec"- Thursday "Lower Rec"- Tuesday "Lower Rec"-Thursday	#44537 #44538 #44539	11/5 11/5 11/5	1/15 1/13 1/15	4/2 3/31 4/2	\$460 \$460 \$460	Renton Community Center Renton Community Center Renton Community Center
Co-Ed Fall Volleyball League: "Competitive" - Monday "Competitive" - Wednesday "Upper Rec" - Monday "Upper Rec" - Wednesday "Lower Rec" - Wednesday	#44111 #44112 #44113 #44114 #44133	8/1 8/1 8/1 8/1 8/1	9/22 9/24 9/22 9/24 9/24	12/15 12/17 12/15 12/17 12/17	\$270 \$270 \$270 \$270 \$270 \$270	Renton Community Center Renton Community Center Renton Community Center Renton Community Center Renton Community Center
Co-Ed Winter Volleyball: "Competitive" - Monday "Upper Rec" - Monday "Competitive" - Wednesday "Upper Rec" - Wednesday "Lower Rec" - Wednesday	#44540 #44542 #44541 #44543 #44544	11/5 11/5 11/5 11/5 11/5	1/12 1/12 1/14 1/14 1/14	3/30 3/30 4/1 4/1 4/1	\$270 \$270 \$270 \$270 \$270	Renton Community Center Renton Community Center Renton Community Center Renton Community Center Renton Community Center

Men's Basketball

Three seasons of men's recreational basketball are offered. The fall season runs from mid-September through mid-December. The winter season runs from early January through late March. The spring season runs from early April through mid-June. Each season offers two levels of competition with certified officials. Minimum age is 18. Ex-college players must be at least 35 years of age to participate. All teams guaranteed 8 games. Games played at the Renton Community Center. The top teams will advance to a league championship tournament. Tournament winners will receive awards. Space is limited.

Co-Ed Volleyball

Three seasons of adult co-ed volleyball are offered. The fall season runs from late September through early December. The winter season runs from early January through late March or early April. The spring season runs from early April to midJune. Each season offers three levels of competition with certified officials. Two women must be on the court at all times. All teams are guaranteed eight matches of three games per match. Games are held at the Renton Community Center. The top teams from each division will advance to a league championship tournament. Tournament winners will receive awards. Space is limited.

Racquetball Leagues

Get back into the game and meet new players after taking the summer off. Two levels of play will be offered (singles only). The Recreation level is for beginning to intermediate players (C/D), and the competitive level is for intermediate to advanced players (A/B). Matches are played on Tuesday nights, at 6:00, 7:00, or 8:00pm. Schedules and rules will be posted on the Adult Athletic web page at rentonwa.gov by September 16. Space is limited so register early. Registration deadline is September 9. League fee is \$40R/\$48NR. **No league November 11.**

Competitive Division
Tuesdays (#44533) 9/23-12/9
Recreational Division
Tuesdays (#44534) 9/23-12/9

Resident Benefits

Early Registration

Teams that meet the 50% City of Renton resident requirement for adult sports are invited to register one day prior to league open registration.

Adult Team Sports 20% Resident Discount

Teams with a minimum of 50% City of Renton residents are eligible for a 20% discount on league fees, which will be credited after final roster review at the end of the season.



For information on Adult Sports, call Andy O'Brien at 425.430.6700 or visit rentonwa.gov.

Adult Programs

"Crochet New Anyone?"

Crochet a Scarf from Scratch!

Ages 16 & up. Learn the basics of crocheting as you create a beautiful accent scarf. Students learn the basics such as beginning and ending projects, different styles of stitches, and changing colors. Supply fee of \$15 paid to instructor. Materials for one scarf will be provided along with a design with directions for students to complete the project at home.

7:00-9:00pm LaSusa \$22R/\$26NR

Crocheted Hat

Ages 16 & up. Updated styles and fashionable yarns are creating a renewed interest in crochet. We'll learn all the basics of crochet, chain, single crochet, increasing, decreasing and finishing as we create one of today's popular beanie hats. Supply fee of \$15 paid to instructor.

#44669 Th 11/6 7:00-9:00pm LaSusa \$22R/\$26NR

Belly Dancing

Build core strength, flexibility and confidence in a fun, supportive environment. In beginning belly dance, students will learn the basic movements, body isolations, floor patterns, veil and taksim. No previous dance experience necessary. The intermediate class is designed for those who have some experience in belly dance and would like to continue to grow and be challenged by this dance form. Wear comfortable, stretchy clothing. Hip scarves provided. Instructor Amira is in high demand throughout the Greater Seattle area for performances, has won national awards in Middle Eastern dance and is featured in the latest video series from the International Academy of Middle Eastern Dance.

Beginning				
#44772	W	9/10-10/29		
8:00-9:00pm	Amira	\$80R\$96NR		
#44773	W	11/5-12/17		
8:00-9:00pm	Amira	\$60R\$72NR		
. Ir	ntermed	diate		
#44775	W	9/10-10/29		
7:00-8:00pm	Amira	\$80R\$96NR		
#44776 ·	W	11/5-12/17		
7:00-8:00pm	Amira	\$60R\$72NR		

America's Boating Course

Ages 12 & up. This eight-hour course is for the recreational boater and provided by the US Coast Guard Auxiliary. It is designed to teach safe and enjoyable boating and satisfies the new boater education requirements for the State of Washington. It also meets the criteria for discounts of most insurance companies. ABC presents information to help boaters avoid problems on the water. Prepare now for enjoyable boating. Supply fee of \$20 paid to instructor. Held at Renton Community Center.

#44641 S 9/27 #44642 S 10/25 9:00am-5:00pm \$7R/\$7NR

Beginning Guitar

Ages 12 & up. Class is designed for the beginner with no music background. An experienced instructor from Dace's Rock 'n' More Music Academy teaches you the fundamentals of music through playing the guitar. Learn the basics and know how to teach yourself to play or have a great head start on private lessons. All students need their own guitar. Acoustic or electric welcome.

#44646 T 9/16-11/4 6:00-6:50pm \$90R/\$108NR

Autumn Crop

Ages 16 & up. Jump into fall crop day! Join Close to My Heart Independent Consultant Charlene Waymire for a fantastic day of scrapbook crop time. All supplies for make and takes are included and lunch is provided. Bring your photos and join the fun! Preregistration is required.

#44664 S 10/11 10:00am-6:00pm Waymire \$30R/\$36NR

Holiday Card Buffet

It's that time of year again...time to start thinking about sending out cards for the holiday season. Don't send out the same old store-bought cards this year, spice things up and enjoy making 25 handmade cards of your own! Choose from five pre-designed cards. You can make all the same cards or mix and match styles. The instructor will contact you prior to the workshop for card selections. Pre-registration is required.

#44647 S 11/8 10:00am-2:00pm Waymire \$25R/\$30NR

Adult Dance

Ballroom Dancing

Ages 14 & up. Shall we dance? Learn the Waltz, Fox Trot, Swing, and Tango from competition dancer, Adrian Oakes. Couples are encouraged, but singles are welcome. No dance experience needed. Held at Renton Senior Activity Center. No class November 11. #44662 T 9/23-11/18 6:30-7:30pm Oakes \$56R/\$67NR

Swing, Salsa and Rumba

Ages 14 & up. Competition dancer, Adrian Oakes, will energize your feet as you learn Salsa, Swing, Merengue, and Rumba. Couples are encouraged, but singles are welcome. No dance experience needed. Held at Renton Senior Activity Center. No class November 11.

#44663 T 9/23-11/18 7:30-8:30pm Oakes \$56R/\$67NR

Beginning Hip Hop Dance

Ages 16 & up. Come have fun and enjoy a full hip hop routine! Learn styles from new school hip hop and even go back in to time and learn some old school moves! Each week we'll learn a small routine and at the end of the course, we will put them together to create a grand performance! Held at Highlands Neighborhood Center. No class November 26.

#44809 W 9/24-10/29 #44810 W 11/5-12/17 8:00-9:00pm Mercado \$50R/\$60NR

New Baby Signs

The Baby Signs® Program incorporates the most useful, "baby friendly" signs from American Sign Language and combines them with signs that babies and parents have created themselves and found particularly useful.

Baby Signs Parent Workshop

This one-time introductory workshop teaches everything you need to know to get started with the Baby Signs program. Instructor Nancy Moe introduces the basics and philosophy along with encouraging lessons and learning songs. This is an adult only class that requires a \$40 kit supply fee paid to instuctor at the start of class. Kits are mandatory for participation and are non-refundable if opened. Visit babysignsprogram.com/withnancymoe and view what is in your parent kit.

#44644 S 9/13 10:00-11:30am Moe \$20R/\$24NR

Adult Programs

How's your "fiscal health"?

Financial Well Being

If you are working adult and can't seem to get your finances together or you want your finances to go to the next level, you may want to understand your behaviors and attitudes about money. This workshop explores your relationship with money, introduces Values Based Budgeting and teaches how to make changes for the better.

#44807 Th 9/4 7:00-9:00pm Brady \$32R/\$38NR

Money 101

Basic money concepts are taught in this program beginning with the role of credit and debt. We will look into Values Based Budgeting, buying techniques, interest rates and insititution's role in money. Interest rate calculations and saving strategies are also discussed. Don't worry, you don't have to do math! Learn the concepts and how to avoid pitfalls. #44808

\$32R/\$38NR

7:00-8:30pm Brady Investing Basics

Your investments may be going backwards after taxes and inflation. This seminar teaches rules of investing and investment vehicles that can make or break your future. Market history, financial products and personal applications will help you determine which products are best for you. Knowledge is the only way you'll be able to make better decisions for you and your family.

#44806 Th 10/9 7:00-8:30pm Brady \$32R/\$38NR

Tax 101

Do you know that there are many ways to reduce your tax liabilities? This class offers tried and true methods that are applicable to current tax codes and so easy to implement. Learn ways to reduce estate taxes, delay sections of your income tax and eliminate taxes from specific investments. This lecture is easy to understand and full of applicable information.

#44805 Th 10/23 7:00-8:30pm Brady \$32R/\$38NR

Off-Leash Dog Park

The City of Renton is going to the dogs - unleashed that is. Why an off-leash dog park?

Dogs love and need to play. An off-leash dog park is a great avenue for them to romp and socialize with their canine buddies. Dogs need exercise. It's true, a tired dog is a happy dog! Dogs that are regularly socialized and exercised are healthier and happier animals. These dogs make better neighbors because they bark and escape less often. Off-leash parks are places where dog owners can delight in the entertaining and interesting interaction of dogs at play, meet new friends and interact with the community. A well designed off-leash facility can promote the physical and mental well being of both dog and human and contributes to community awareness.

Your opinion about the project is important to us. If you are interested in taking the off-leash dog park survey, you can find it at the Renton Community Center or online at rentonwa.gov and then click on Recreation, or you can have one mailed to you by calling 425.430.6700.

If you would like to visit a dog park, the cities of SeaTac, Auburn, Burien, Des Moines, Federal Way, Kent, Renton, and Tukwila worked together to open Grandview, the first regional south King County off-leash area in October 2003. Grandview is located at 3600 S. 228th Street in SeaTac, WA. For more information on Grandview, visit ci.seatac.wa.us/park/grandview.htm.

Puppy Kindergarten

For puppies 10 to 20 weeks old. Give your puppy a great start. Puppies love to play, so this class is fun, active, and geared to the younger puppy. Puppies will learn the proper way to play with adults, children, and other pets. Teach your puppy to walk politely on a leash and to come happily and willingly when called. Handlers will learn simple, dependable ways to prevent chewing, jumping up, nipping, biting, and barking. Understand housebreaking techniques and proper nutrition and get hands-on practice grooming and trimming nails. Well behaved children (5 & up) with parents are welcome. Bring puppy's shot records, favorite toy, and some soft, easy-to-chew treats. Come with everyday collar (not harness) and leash (not retractable). Held at Paws Abilities Training Center in Tukwila.

#44707 S 9/13-10/18 10:00-11:00am Babb \$66R/\$79NR

English as a 2nd Language Conversation Skills

Ages 18 & up. Offered by the Literacy Council of Seattle. Participants will improve their English skills by using day-to-day conversation. Everyone is welcome. Held at North Highlands Neighborhood Center. No class November 11 and 27.
#44645 T/Th 9/16-12/18 6:30-8:00pm

Basic Dog Obedience

For dogs 6 months and up. Help your dog be a good canine citizen. Using a common sense approach to dog obedience and a logical class progression, train your dog to sit on command, stand, lie-down, stay, come when called, and heel at your side on a loose leash. Other subjects include how to control jumping, running through a door, territorialism, problem barking, nipping, biting, and digging. Individual guidance will be given to illustrate how to gently but effectively perform each technique. Primary handler must be at least 12 years old but all family members are welcome to attend. Wear comfortable clothing and rubber-soled shoes. Bring your dog's normal collar (not harness) and leash (not retractable). Held at Paws Abilities Training Center in Tukwila.

#44708 S 9/13-10/18 11:30am-12:30pm Babb \$66R/\$79NR

Fitness Classes

Something for Everyone!

- ♦ Variety of classes from zero impact to high-intensity training
 - ◆ Convenient class times and great facilities

Certified Instructors - AFAA and ACE

Fitness at a Glance

Monday

Pregnancy Fit 5:55pm
Tai Chi 6:30pm
Continuing Tai Chi 7:45pm

Wednesday

Hatha Flow Yoga 6:00pm

Monday/Wednesday

Body Boot Camp 5:20pm Muscle Max 5:25pm Jazzercise 6:35pm Pilates Mat Class 7:40pm

Monday/Wednesday/Friday

Jazzercise-1 day a week 9:00am Jazzercise-2 days a week 9:00am Jazzercise-3 days a week 9:00am

Tuesday/Thursday

Cardio Cross Training	9:15am
Stretch and Flex	10:30am
Step and Sculpt	5:30pm
Core Focus	6:35pm
PiYo	7:30pm
Catumday	- 1-

Saturday

Butt, Gut and Cardio 8:15am Nia 9:30am

Muscle Max

Certified Personal Trainers Bena Filbert and Linda Lindsley push your muscles to the MAX! In a 60-minute class you will concentrate on the major muscle groups, toning and tightening, taking you beyond your normal routine for an entire body workout. Test your limits with exercises that use your own body weight, such as pull-ups and push-ups, as well as a variety of equipment including weights and balls. Drop-ins welcome as space allows for \$6.

#44778 M/W 9/8-10/1 5:25pm-6:25pm \$42R/\$50NR

Senior Fitness Workout

Never exercised before? Only \$1 for those **50 and over** every Monday, Wednesday and Friday from 7:30-9:30am. Staff is on site for orientations and helpful hints. This is a drop-in program, not a structured class.

Personal Training

Resolve to work smarter, not harder! Let the experts design an individualized program to meet your fitness goals while you enjoy the benefits. Appointments are \$25 per hour for residents and \$30 for non-residents.

Personal trainer, Lisa Kurth has worked at the Renton Community Center since July of 1992. She graduated from the University of Montana with a Bachelor's Degree in Home Economics with an emphasis on Fitness and Nutrition. Lisa graduated from the Health and Fitness Technology Program at Renton Technical College in 1991 and acquired her Personal Trainer Certificate from the American Council on Exercise. Lisa presents fitness from a functionally enjoyable aspect that keeps participants active and working toward a healthier lifestyle.

Hatha Flow Yoga Beginner and Intermediate

Hatha Flow Yoga will strengthen, stretch, tone and relax your entire body. Whether you are trying to get in shape, cope with tension from the office, or relieve the tightness in your body from sports, this class can benefit you. Hatha Yoga is the classical form of yoga postures and breathing that revitalizes the body physically and mentally. Connecting the postures together in a flow sequence and it becomes uplifting practice that increases muscle tone, improves flexibility and concentration, detoxifies the vital organs and allows you to deeply relax. Yoga sticky mat required. No drops ins for this session. Held at Renton Senior Activity Center. No class October 15 and 22.

#44774 W 9/24-12/10 6:00-7:10pm Ford \$97R/\$116NR



Fitness Classes

Jazzercise

When you love your workout, the results come easy. That's why Jazzercise blends aerobics, yoga, Pilates, and kickboxing movements into fun dance routines set to fresh music. All fitness levels welcome. Weights optional. Drop-ins welcome.

Morning Jazzercise

Join Fran Kendall as she teaches Monday, Wednesday, and Friday from 9:00-10:00am. No class October 8, November 21 and 28.

Class #	Days/wee	ek 9/8-10/31
#44751	1	\$34R/\$41NR
#44752	2	\$66R/\$79NR
#44753	3	\$94R/\$113NR

Class #	Days/week	11/3-12/19
#44758	1 9	\$30R/\$36NR
#44756	2 9	558R/\$70NR
#44757	3 9	\$78R/\$94NR

Evening Jazzercise

#44754 MW 9/8-10/29 6:35-7:35pm Spurrier \$66R/\$79NR #44755 MW 11/3-12/17 6:35-7:35pm Spurrier \$58R/\$70NR

Jazzerciseit shows.

Butt, Gut and Cardio Through a variety of exercise techniques,

Through a variety of exercise techniques, along with cardo intervals, this mid-section workout targets abdominals, buttocks and hips, optimizing strength and endurance while improving posture and form. Burn calories and firm up those stubborn areas in no time. Drop-ins welcome as space allows for \$6. No class November 22.

#44811	S	9/13-10/25
#44812	S	11/1-12/20
8:15-9:15am	Mai	\$29R/\$35NR

Cardio Cross Training

If you're looking for a full body workout, this class has it! Fitness expert Linda Lindsley brings you 60 minutes of moderate to high intensity cardio work involving a variety of steps, kickboxing, fitball drills, and weights. Equipment is limited. Bringing your own equipment is welcomed. Dropins \$6 as space permits. No class November 11 and 27.

#44767 T/Th 9/9-10/23 #44768 T/Th 10/28-12/18 9:15-10:15am Lindsley \$58R/\$70NR

Stretch and Flex

Thirty minute class of warming, stretching, and lengthening muscles. Shoulders, hips, back, and hamstrings concentrated on for more flexibility and tone. Wear loose, comfortable clothing, and bring a towel or yoga mat. Drop-in for \$3 as space permits. No class November 11 and 27.

#44765 T/Th 9/9-10/23 #44766 T/Th 10/28-12/18 10:30-11:00am Lindsley \$29R/\$35NR

Step and Sculpt

Tone muscles and burn fat with certified group fitness instructor Debbie Conklin. Providing a positive and motivational environment, this class incorporates step, interval weight training, and core stability for an ultimate body workout. Exercise your way to a new you! All fitness levels welcome. Modification tips provided for beginner students. Dropins \$6 as space permits. No class November 11 and 27.

#44761 T/Th 9/9-10/23 #44762 T/Th 10/28-12/18 5:30-6:30pm Conklin \$58R/\$70NR

Core Focus

Get on the ball! Your core muscle group consists of abs, obliques, glutes, and lower back. Alternating exercises will tone more muscle groups, and melt away inches more efficiently. Your core muscles are engaged during every exercise helping maintain balance. Dropins \$6 as space permits. No class November 11 and 27.

#44763 T/Th 9/9-10/23 #44764 T/Th 10/28-12/18 6:35-7:30pm Conklin \$58/\$70NR

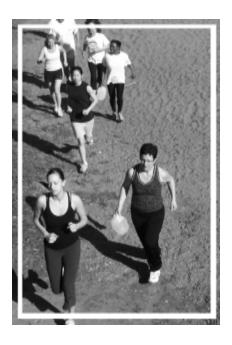


Take care of yourself first and you'll take better care of others!

Boot Camp

Back by popular demand! Looking for a change from your traditional fitness program? Start your commitment to improving your overall health with a dose of tough love, Boot Camp style! This sixweek program will challenge you to a whole new fitness level. Cardiovascular, muscular, strength, and all around core training are just a few drills waiting for you! Increase energy and build self-confidence. Enlist now. All fitness levels welcome. No drop-ins.

#44769 M/W 10/6-11/12 5:20-6:20pm Lindsley \$74R/\$89NR



Fitness classes are designed for participants 14 years of age and older. Drop-ins welcome at all aerobic classes.

No fitness classes November 11, November 27 and 28.

Fitness Classes

Ronald Jorgenson

The Tai Chi program, after Tom Ewing's retirement, has more continuity than you might think - for Ron is Tom's teacher. Ron's teacher is Grandmaster William C.C. Chen of New York, who he began classes with in 1968. He continues to bring Grandmaster Chen to Seattle annually for an early spring workshop.

Ron's favorite saying about Tai Chi is "the joy of the body heals the body." He is best know for his enthusiasm in his students' potential and peaceful attitude. By Googling Ron Jorgeson, his website can easily be found. He'll be glad to answer any questions at 360.825.3413.

Tai Chi

Although it draws amazement when shown as a martial art, Tai Chi is more known and practiced for relaxation and calm, exercise (of course), and its multitude of health benefits. Often referred to as 'moving meditation' and 'Chinese Yoga', its action is based on coordination of mind and heart, energy and body, in the peace of one's spirit. Yet once the teacher helps you 'click', it reveals itself as the simplest and most natural of movements . . . making anything else easier to do. This course is on the first portion of the popular Yang Style Short Form. Held at Renton Senior Activity Center.

#44749 M 9/22-12/8 6:30-7:30pm Jorgensen \$74R/\$89NR

Continuing Tai Chi

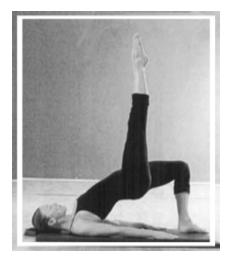
Learn the remaining movements of the Yang-Style Tai Chi "Short Form" and further refine the basic principles. Completion of "Fundamental Tai Chi" or instructor permission required. Held at Renton Senior Activity Center.

#44750 M 9/22-12/8 7:45-8:45pm Jorgensen \$74R/\$89NR

PiYo

PiYo is an althetic alternative to traditional yoga and Pilates. An ideal format for those looking to improve flexibility and increase strength. A blend of yoga, Pilates, dance and sports conditioning, this class is for all fitness levels. yoga sticky mat is required. Drop-ins \$6 as space permits.

#44813 T/Th 9/9-10/23 #44814 T/Th 10/28-12/18 7:30-8:30pm Mai \$58R/\$70NR



Pilates Mat Class

Stott Pilates trained instructor Kristy Guadalupe will help you balance your body and life. Working your body through all ranges of motion to strengthen your deepest muscles and build a better you from the inside out. Sticky mat required for class. Drop-ins welcome as space allows (\$10R/\$12NR). No class September 17 and October 8.

#44770 MW 9/8-10/29 7:40-8:35pm Guadalupe \$107R/\$128NR #44771 MW 11/3-12/17 7:40-8:35pm Guadalupe \$100R/\$120NR

NIA Class

The NIA Technique is everything you could want in an exercise class, coupled with all the joy, love, and self-expression you want in your life. Blending dance, martial arts, and healing awareness, certified NIA white belt instructor, Jackie Thai will help you enliven and connect your mind, body, and spirit. Create physical fitness by moving naturally, powerfully, and mindfully. This exciting class will change your body and life! All fitness levels are welcome. Drop-ins welcome as space allows (\$10R/\$12NR).

#44759 S 9/6-10/11 9:30-10:30am Thai \$44R/\$53NR #44760 S 10/18-11/15 9:30-10:30am Thai \$37R/\$44NR



Care as much about your own health as you do about your child's.

Pregnancy Fit

Exercise for women in all stages of pregnancy. Enhances endurance and stamina for a great birth experience. Workout includes mild aerobics, stretching, breathing, and relaxation training. Positive thoughts on childbirth discussed each week. Handouts included. #44782 M 9/29-11/3

#44782 M 9/29-11/3 5:55-6:55pm Petersen \$26R/\$31NR



See page 4 for the K9 Candy Cane Fun Run

Outdoor Recreation

Ages 18 & up. Hikes are day-long (9:00am-5:00pm) and are led by Dave Perkins, Outdoor Recreation Coordinator. Transportation is provided from the Renton Community Center. Equipment is not provided. Distances a priority of the participants in the control of the participants of the participants of the participants. upon registration or at rentonwa gov. For each hike, a minimum of five participants is required with a 13 participant maximum.

Trips and Trails Rating System

1=No previous experience required. These are great trips for the first-timers.

2=A bit more climbing is required as these trails feature more elevation gain. Routes may include forest trails, narrow roads, or moderate slope climbing. Participants must be able to walk the same distance as a hike on flat terrain without tiring.

3=Trail climbs considerably and may include unstable footing. Participants should have experience and proper fitness level for this activity.

4=Strong skills and proper fitness level recommended. Large elevation gains. If unsure of your ability, select a lower rated trip so instructor may rate your ability and fitness level.

Naches Peak Loop

This trail winds around Naches Peak in Mount Rainier National Park. There are magnificent views of small ponds and Mount Rainier. Distance: 4.5 miles; Elevation gain: 860 feet; Rating: 2. #44648

9:00am-5:00pm Perkins \$20R/\$25NR

Sheep Lake

Located at Chinook Pass on the Pacific Crest Trail, this hike offers great views of alpine meadows, old growth forests, and a beautiful lake. Outstanding views of Mount Rainier, St. Helens and Adams can be seen. Distance: 6 miles; Elevation gain: 1200 feet; Rating: 2.5. 10/4 9:00am-5:00pm Perkins \$20R/\$25NR

Snow Lake

Snow Lake is one of the most popular summer hikes in the state. In the fall, the leaves are turning and the crowds of people are gone. The views of Alpental Valley shouldn't be missed. Distance: 6 miles; Elevation gain: 1600 feet; Rating: 2.5.

10/12 9:00am-5:00pm Perkins \$20R/\$25NR

Wallace Falls

Leading to spectacular Wallace Falls, this trail winds through a forest adorned with green moss, ferns and woodland flowers. Distance: 5-6 miles; Elevation gain: 1200 feet; Rating: 2. 10/25

9:00am-5:00pm Perkins \$20R/\$25NR

Free Programs from

REI is offering several programs to enhance your outdoor experience. From what a GPS does and how it works to getting your skis and snowboards ready for winter, REI has the answers. All classes are offered at the REI at Southcenter located at 240 Andover Park West in Tukwila. Check out of of the following programs to get you ready to enjoy the outdoors this fall. For more information on these programs, contact Kristen Ragain at 206.248.1938 or email kragain@rei.com.

GPS 101 - September 10 at 7:00pm - What does it do and how? Navigate your way through all the different options available.

GPS 201 - September 17 at 7:00pm - So you bought one....how does it work? Bring in your GPS and learn the ins and outs of this amazing tool.

Basic Wilderness Preparation and Survival - October 8 at 7:00pm - Learn

what to do if you find yourself unexpectedly lost on a day hike.

Snowshoeing 101- November 5 at 7:00pm - If you can hike, then you can enjoy the beauty of the Northwest this winter. Discover what gear and skills are needed.

Ski and Snowboard Tune Up - November 12 at 7:00pm - Get tips from the experts on how to wax your gear, sharpen your edges and more.

Snowshoeing 101 for Women - December 3 at 7:00pm - Ladies, learn how to stay warm and comfortable and the tips and techniques to keep you

Look for City of Renton winter trips at REI or in the upcoming winter brochure.

The Renton Senior Activity Center offers hikes for adults 50 years and older. Prior to registering, continue or start an exercise/walking program that includes hills. Use sound judgment when determining if you are capable of completing the hike. If you have difficulty making that determi-nation, contact Debbie Little, at 425.430.6633 to assist you. It is imperative that you keep a steady pace with an occasional rest stop. If you have not hiked with us before, you must complete a Renton Senior Activity Center Hike Questionnaire prior to registering. Cost includes transportation only from the Renton Senior Activity Center. The 50+ Hike Rating System is listed below.

- 1) Easy paved path or trail, no hills.
- 2) Moderately easy; sometimes paved; some slight hills.
- Some difficult terrain, substantial hills or steps; those with health problems should take caution!
- 4) Difficult terrain; steep hills; poorly maintained path.
- 5) Steep hills; significant elevation gain; advanced hikers only.

.odge Lake and Beyond

This portion of the Pacific Crest National Scenic Trail heads south from Snoqualmie Pass. It crosses open ski slopes before cresting the ridge and dropping into the forest. Lodge Lake is a surprisingly peaceful area, despite its close proximity to the ski area and highway. Past the lake the trail meanders through alternating timbered and clear-cut sections. This trail is about 8 miles round trip with a 1000 foot elevation gain and rates a #2.5 on our Hike Rating System. Please wear comfortable hiking boots, dress for the weather, bring a sack lunch, water, and a mat to sit

#44406 10/7 9:00am-4:30pm \$7R/\$7NR

Mountain Bike Snoqualmie Pass to North Bend

Ages 18 & up. We will start at Hyak and ride through the 2.6 mile Snoqualmie Tunnel. Once through, we will head down the pass on the Iron Horse Trail. After stopping at Rattlesnake Lake for lunch, we will ride down the Snoqualmie Valley Trail to downtown North Bend. Bring a mountain bike, helmet, headlamp or bike light, and a spare tube. Meet at the **Renton Community Center.**

#44652 9:00am-5:00pm Perkins \$20R/\$25NR

Outdoor Recreation

Cedar River Salmon Journey

Follow the Salmon Up the Cedar River
Come to the Cedar River this fall for a free family friendly program on spawning salmon! Take part in the "Cedar River Salmon Journey" and learn about salmon and the Cedar River. Volunteer naturalists will be stationed from 11:00am to 4:00pm on October 11, 18, 19, 25, 26 and November 1 at the Renton Library, Riverview Park, Cavanaugh Pond and Landsburg Park. Carpool if you can - these sites have limited parking. For a flyer with directions or to get more information, call 206.245.0143 or visit www.cedarriver.org. The Cedar River Salmon Journey is sponsored by the City of Renton, Forum for Lake Washington/Cedar/Sammamish Watershed, King Conservation District, Friends of the Cedar River Watershed, Seattle Aquarium, Seattle Public Utilities, and the U.S. Army Corps of Engineers.

Volunteer Naturalists Needed

Interested in fish? Good with people? Sign up to be a volunteer naturalist on the Cedar River this fall. Naturalists will receive 20 hours of training from fish and watershed experts in September and early October. Then they'll spend three weekend days along the river, talking to the public about the spawning salmon and the natural and human history of the Cedar River Watershed. Sponsors of the program, now entering its eleventh year, include the City of Seattle, City of Renton, Forum for Lake Washington/Cedar/Sammamish Watershed, Friends of the Cedar River Watershed, King Conservation District, and U.S. Army Corps of Engineers.

For more information on these programs, call Charlotte Spang at 206.245.0143 or email her at naturalists@cedarriver.org. Information is also available on-line at www.cedarriver.org.

Off-Leash Dog Park

The City of Renton is going to the dogs - unleashed that is. Why an off-leash dog park?

Dogs love and need to play. An off-leash dog park is a great avenue for them to romp and socialize with their canine buddies. Dogs need exercise. It's true, a tired dog is a happy dog! Dogs that are regularly socialized and exercised are healthier and happier animals. These dogs make better neighbors because they bark and escape less often. Off-leash parks are places where dog owners can delight in the entertaining and interesting interaction of dogs at play, meet new friends and interact with the community. A well designed off-leash facility can promote the physical and mental well being of both dog and human and contributes to community awareness.

Your opinion about the project is important to us. If you are interested in taking the off-leash dog park survey, you can find it at the Renton Community Center or online at rentonwa.gov and then click on Recreation, or you can have one mailed to you by calling 425.430.6700.

If you would like to visit a dog park, the cities of SeaTac, Auburn, Burien, Des Moines, Federal Way, Kent, Renton, and Tukwila worked together to open Grandview, the first regional south King County off-leash area in October 2003. Grandview is located at 3600 S. 228th Street in SeaTac, WA. For more information on Grandview, visit ci.seatac.wa.us/park/grandview.htm.



Try to find the joy in each day!

Henry Moses Aquatic Closes Labor Day

The summer swimming season is coming to a close. Don't miss out on the chance to enjoy the Henry Moses Aquatic Center. All the staff would like to thank the community for a successful fifth season! We encourage you to go to rentonwa.gov and complete the online survey. We look forward to next year!



Look for snowboarding, X-country skiing, snowshoeing and downhill skiing programs in the Winter/Spring edition of "What's Happening."

Outdoor Recreation

Gene Coulon Memorial Beach Park Park Hours

 January 1 - March 8
 8:00am
 - 8:00pm

 March 9 - April 30
 8:00am
 - 9:00pm

 May 1 - September 2
 8:00am
 - 10:00pm

 September 3 - September 30
 8:00am
 - 9:00pm

 October 1 - December 31
 8:00am
 - 8:00pm

Boat Launch Information & Fees

The boat launch is open 24 hours a day. Fees and schedule subject to change. Overnight boat moorage is not permitted. Day use expires at midnight on the day of purchase. 24-hour use expires midnight the following day.

Day Has

Renton resident Non-resident	
24-Hour Use	
Renton resident	\$10.00
Non-resident	\$20.00

Resident Passes: Residents must obtain and display a Renton Resident Pass when paying resident rates. Passes may be obtained free of charge at the Renton Community Center. Proof of Renton residency, tow vehicle and trailer registration required.

Annual Passes: Annual passes are available at the Renton Community Center. Fees are \$70 for non-residents and \$35 for City of Renton residents. Proof of residency, tow vehicle and trailer registration required.

Ivar's and Kidd Valley Restaurants

Ivar's Seafood Bar, a northwest tradition since 1938, offers the finest authentic Northwest seafood. Kidd Valley's menu includes hamburgers and great "fruit" milkshakes. Restaurant hours are 10:30am to the park's posted closing hours.

Cedar River Boathouse

The Cedar River Boathouse is located on the southern shore of Lake Washington on the Cedar River Trail at 1060 Nishiwaki Lane.

Paddle to Gene Coulon Memorial Beach Park for lunch, travel up the gently flowing Cedar River, or explore the waters around the shoreline homes. View great blue herons, cormorants, egrets, bald eagles, osprey, beaver, muskrats, turtles, and if you're lucky, you'll meet the otters that live on our dock. The Cedar River Boathouse offers canoe and kayak rentals and classes.

425.430.0111 or www.canoe-kayak.com

Recreation Resources

Boating Skills & Seamanship

United States Coast Guard Auxiliary
Keith Harding425.226.9228

Fishing

Washington State Department of Fish and Wildlife 425.775.1311

Renton Sailing Club

Founded in 1965, the Renton Sailing Club, a non-profit organization, promotes the sport of sailing through sailing classes, races, and recreational sailing at Gene Coulon Memorial Beach Park at the south end of Lake Washington. Membership in the Renton Sailing Club is open to all persons 18 years or older and entitles all members of the immediate family to club privileges. Membership is for a one year period and begins April 1 and goes through March 31 of the following year. There are two membership levels.

For more information, call Trudy Neumann at 425.277.4205 or visit rentonsailing.org

Intro to Basic Sailing

Ages 9 and up. Patient and skilled staff will teach you to rig and sail a small dinghy, all within a confined area. No experience necessary. Bring a towel at a sense of humor. Held at Gene Coulon Memorial Beach Park Canoe Launch.

#44098 W 9/3-9/24 5:00-7:30pm Bagnell \$32R/\$38NR

Red Cross Certified -Small Boat Sailing

Ages 10 and up. You'll learn to rig and sail a small dinghy within a confined area. Basic requirements of the American Red Cross Small Boat Sailing certification covered. No experience necessary. Bring a towel and a sense of humor. Float test required prior to participation. Held at Gene Coulon Memorial Beach Park Canoe Launch.

#44102 Th/F 9/4-9/26 5:00-7:30pm Bagnell \$80R/\$95NR

America's Boating Course

Ages 12 & up. This eight-hour course is for the recreational boater and provided by the US Coast Guard Auxiliary. It is designed to teach safe and enjoyable boating and satisfies the new boater education requirements for the State of Washington. It also meets the criteria for discounts of most insurance companies. ABC presents information to help boaters avoid problems on the water. Prepare now for enjoyable boating. Supply fee of \$20 paid to instructor. Held at Renton Community Center.

#44641 S 9/27 #44642 S 10/25 9:00am-5:00pm \$7R/\$7NR

Renton Community Center

Need a Meeting Space or Having a Party?

The Renton Community Center is located along the banks of the Cedar River and provides an ideal location for receptions and business meetings. Classrooms, large meeting rooms, and a banquet facility (with full kitchen) are available to accommodate a variety of needs from theater-style seating to banquet-style dining. Additionally, a double gym is available to provide seating for lectures or presentations. Our fully trained staff will see to all of your needs from start to finish. Visit rentonwa.gov for information.



Fitness Passes

Passes are non-transferable, non-refundable. Participants may be required to show picture ID at any time. Passes and fees are listed below and include Washington State sales tax. Childcare is not provided. Children may not be left unattended.

	Resident Rate	Non-Resident Rate
One Month Pass Student/Senior Adult Couples Pass Family Pass	\$20.00 \$25.00 \$40.00 \$60.00	\$20.00 \$30.00 \$50.00 \$80.00
Three Month Pass Student/Senior Adult Couples	\$50.00 \$62.00 \$100.00	\$50.00 \$75.00 \$125.00
Six Month Pass Student/Senior Adult Couples	\$90.00 \$112.00 \$180.00	\$90.00 \$135.00 \$225.00
Racquetball Pass - Eight (8)	visits \$48.00	\$48.00

Day Use Fees

	Resident Rate	Non-Resident Rate	Student/Senior Rate
Aerobics Shower	\$6.00 \$1.00	\$6.00 \$1.00	\$6.00 \$1.00
Racquetball	\$7.00/hr	\$7.00/hr	\$7.00/hr
Wallyball	\$10.85/hr	\$13.00/hr	\$9.75/hr
*Drop In Acti	vity \$3.00	\$3.00	\$2.00

*This fee includes the fitness room, badminton, basketball, and volleyball open gyms.

The Student/Senior rate applies to participants 50 & over or 17 & under.

Regular Hours

Monday-Thursday 6:00am-10:00pm Friday 6:00am-8:00pm Saturday 8:00am-8:00pm

Holiday Hours

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425.430.6700

Rental Rates

Banquet Room Resident Rates:

Friday (minimum 5 hours) \$375 Saturday (minimum 10 hours) \$750 Sunday (minimum 10 hours) \$750 Monday - Thursday \$65/hour Kitchen Fee (Monday-Thursday) \$80 Additional weekend hours are \$75/hour

Banquet Room Non-Resident Rates:

Friday (minimum 5 hours) \$450 Saturday (minimum 10 hours) \$900 Sunday (minimum 10 hours) \$900 Monday - Thursday \$80/hour Kitchen Fee (Monday-Thursday) \$80 Additional weekend hours are \$90/hour

Classroom Rental Rates:

Residents \$20/hour Non-Residents \$25/hour

Gym Rental Resident Rates:

Available as schedule allows. Reservations can be made 1 week in advance except for special event rentals. Full Gym \$35/hour Double Gym \$70/hour

Special Event:

Full Gym \$500/day Double Gym \$1000/day

Gym Rental Non-Resident Rates:

Fúll Gym \$40/hour Double Gym \$80/hour

Special Event:

Full Gym \$600/day Double Gym \$1200/day

The gym is available for special event rentals (trade shows, craft shows, etc.) and requires an additional fee for carpet set-up and take down or special electrical needs. Note: Special events and other rentals may require insurance at the discretion of the Risk Manager.

Rates subject to change.

Carco Theatre

Missoula Children's Theatre "Robinson Crusoe" April 2009

Missoula Children's Theatre provides young actors and actresses a professional theater experience with heart. Give your child the chance to get on stage with theater professionals from one of the most widely respected children's theater companies in the United States. They do it all: sets, lights, costumes, and make-up. Mark your calendars! Registration information and audition times will be available in the Winter/Spring edition of "What's Happening..." brochure.

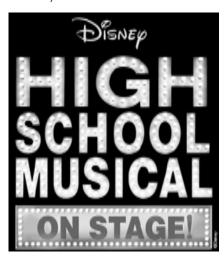
Wildcat Fever Coming to Carco! "High School Musical, On Stage!" January 9-11, 2009 Warm up your dance moves and start practicing those foul shots as The Hi-Liners DownStage Center presents Disney's "High School Musical, On Stage!" January 9-11, 2009. From "Wildcat Cheer" to "We're All in This Together" the cast of students, ages 7-18 will bring Disney Channel's smach bit musical to life. Incorpo-

students, ages 7-18 will bring Disney Channel's smash hit musical to life. Incorporating elements from "West Side Story", "Romeo and Juliet" and "Grease", this seventy -minute one act edition has universal appeal and the timeless message that when we work together, good things happen!

DownStage Center is the Hi-Liners' theatre education arm, presenting low tech, high quality performance opportunities, as well as workshops with introductory, intermediate and advanced-level instruction for students (pre-k through college).

For information on auditions, tickets, or information about The Hi-Liners, please visit www.hi-liners.org or phone 206.617.2152.

The Hi-Liners, South King County's premier youth theatre, is dedicated to the advancement of fine arts opportunities through live, high-quality musical theatre for young people (ages 7 to 22.)



Rental Information

The Carco Theatre, located at 1717 Maple Valley Highway, is a 287-seat facility with many amenities and flexible hours making it suitable for business meetings and seminars. Non-profit rates available. Carco Theatre is wheelchair accessible.

Call 425.430.6706 or visit rentonwa.gov

Community Concerts

Renton City Concert Band Holiday Concert - December 4 at 7:30pm at Renton IKEA Performing Art Center -Directed by Michael Simpson, the 70+ piece band will delight you with holiday music. Tickets: \$7.00 for adults and \$5.00 for students/seniors.

Renton Youth Symphony Orchestra Winter Concert - December 14 at 3:00pm at Carco Theatre - Enjoy this talented group of young people as they perform unabridged classical compositions reminiscent of the season. Tickets: \$7.00 for adults and \$5.00 for tudents/seniors.

Studio East

Phone: 1-877- 827- 1100 or email: tickets @studio-east.org

StoryBook Theater presents delightful musical fairytale adaptations performed by adult professional actors, especially for young audiences, ages 3-10. These hilarious, kid-friendly, 55-minute matinees will make the family laugh and sing out loud!



Adaptations by Lani Brockman Music & Lyrics by Susan Bardsley

Pinocchio, a little wooden puppet, yearns to be real so he can read, run, and make friends like other children. However, his new friends, the clever Cat and Fox, have other plans for this eager-to-please talking puppet. Can Pinocchio manage to outwit his devious friends, tell the truth and learn from his mistakes, or will he forever be stuck with knobby knees and a protruding proboscis?

Weekday Shows for School Field Trips and Groups of 10 or more. Call 425.784.3176 for reservations.

October 21 - 10:00am and 11:30am October 22 - 9:30am and 11:00am October 23-10:00am, 11:30am & 1:00pm October 29 - 9:30am and 11:00am

Regular Performances October 25 - 11:00am and 1:00pm October 26 - 1:00pm and 3:00pm

Specialized Recreation

For information, call Sean Claggett at 425.430.6748, or email him at sclaggett@ci.renton.wa.us. The Specialized Recreation brochure "The Buzz" can be viewed online at www.ci.renton.wa.us.

About Our Program

This program is designed for individuals in the Renton area with special needs, including those who have a physical or developmental disability, and provides group leisure and recreational activities. **Pre-registration is required for all programs.**

Club Thursday

Club Thursday is held at the Renton Senior Activity Center from 7:00-8:30pm. Cost: \$28R/\$33NR. Ages 16 & up. Register for Class #44545.

September 25 - Crazy Hat Dance - Wear an outrageous hat that you have or make one to wear.

October 2 - BINGO Night - You might be the lucky winner!

October 9 - Talent Show - Join us at Carco Theatre and be a part of the big show. Sing, dance, or tell a joke and show off that hidden talent.

October 16 - Pumpkin Carving - Paint and decorate a giant pumpkin just in time for Halloween.

October 23- No Program

October 30 - Ghoulish Groove Costume Party and Dance - Do the Monster Mash and show off your costume. November 6 - Pizza and Board Games! - Bring your favorite board games to play and we will enjoy some great pizza at the same time.

November 13 - Turkey Trot Dance! -Celebrate Thanksgiving and dance with DJ Randy and Sons!

November 20 - Movie Night - We will vote on what movie to watch and then enjoy one of our favorite films.

November 27 - No program

December 4 - Holiday Card Making - Get ready to be creative!

December 13 - Holiday Party and Dance - Get down and boogie with DJ Randy and Sons!

Wednesday 360 Art oht Dine Out Ages 13 & up. Join Sandra Wallace,

Ages 18 & up. Come join us for a fun night of dining and experience some of Renton's culinary delights while learning etiquette, solicialization and communication skills. Staff will help with the selection and purchase of the meals. Transportation provided from the Renton Community Center. Participants should bring \$20 to \$30 for each dining experience. Choose only one dining class to attend. Cost: \$36R/\$44NR

Session I

Visit Red Robin, Vince's, Torero's, Duke's Chowder House, Billy McHale's and Olive Garden.

#44546 9/24-10/29 W 5:30-8:30pm

Session II

Visit Johnny Rockets, Famous Dave's, Newport Bay, Apogee, River Rock Grill and Ale House and Daphne's Greek Cafe.

#44547 11/5-12/10 W 5:30-8:30pm

experience necessary. No class October 31 and November 11. #44562 T 9/23-11/18 6:30-7:30pm \$40R/\$48NR #44563 F 9/26-11/21 6:30-7:30pm \$40R/\$48NR

professional artist and learn painting

and drawing techniques, paper mache,

and mosaics...just to name a few! No art

Golf Club

Ages 8 & up. Join Colin Edwards and learn the basics of golf at the Maplewood Golf Course Driving Range. Each week you will have a chance to hit a bucket of balls and learn about putting and chipping. Bring your clubs or use a set provided by the course. Bring \$5 each week for the bucket of balls. **Meet at the driving range.**

#44565 M 9/8-10/27 6:00-7:00pm Edwards \$28R/\$33NR

Special Olympics

The Renton Recreation Division offers sports training and competition through Special Olympics. Individual, team, and unified sports are provided. Before participating, athletes must submit a current Special Olympics Washington Application for Participation (AFP) and a Renton Recreation Division Specialized Recreation Information Form.

◆ Cost: \$28R/\$33NR.

Bowling

Bowling cost per week is \$8 and includes shoes, ball rentals, and three games (see the Buzz for payment procedures).

- Ages 8 & up. Hillcrest Bowl (2809 NE Sunset Blvd., Renton) - Saturdays, September 6 through November 1, 12:00pm to 3:00pm (#44548)
- Ages 8 & up. Skyway Bowl (11819 Renton Ave. S, Seattle) - Saturdays, September 13 through November 1, 9:00am to 12:00pm (#44549)

Exciting Excursions

Ages 16 and up. Meet at the Renton Community Center. Please bring \$30 for admission, food, and souvenirs. Cost:\$7 per trip.

Puyallup Fair #44550 W 9/10 4:00-9:00pm W #44551 9/17 4:00-9:00pm Movie and Lunch #44552 S 2:30-7:00pm 9/27 **IMAX** and Lunch 2:30-7:00pm #44553 S 10/4 Museum of Flight and Lunch 2:30-7:00pm #44554 S 10/11 **Build-a-Bear and Lunch** #44555 S 10/18 2:30-7:00pm

Movie and Lunch #44556 S 10/25 2:30-7:00pm Bullwinkle's and Lunch #44557 S 11/15 2:30-7:00pm

#44557 S 11/15 2:30-7:00pn **Movie and Lunch**

#44558 S 11/22 2:30-7:00pm **Gift Shopping and Lunch**

#44559 S 12/6 2:30-7:00pm

Renton Senior Activity Cent

About the Center

This drop-in facility offers the opportunity for fun, friendship, health, and socialization through a variety of activities and services for citizens ages 50 and older. We do not provide respite adult day care or services that would normally be provided by a trained attendant, nurse, or personal caregiver. "Golden Opportunities" quarterly brochure listing classes, special events, and services for the Renton Senior Activity Center is available online at rentonwa.gov or in person.

Come be part of the "daily" hub of the Center. The activities listed below will keep you hoppin'.

Ongoing Activities

- ◆ Friday Dinner/ Dance (3rd Friday of the month)
- **Bridge**
- Pinochle
- Mah Jongg
- Coffee Bar
- Pool
- Computer Lab
- Book Club
- Bible Study
- Thursday Afternoon Dance
- Cribbage

Outdoor/Sport Activities

- Hikes
- Bean Bag Baseball
- Walks
- Bocce Ball
- Horseshoes
- Co-Ed Softball

Day and Overnight Trips

 For current trip opportunities, pick-up a copy of the "Golden Opportunities" quarterly brochure.

Special Events

Look for these upcoming events.

◆ Friday Night Dinner Dances

- Black Jack Tuesday
- Holiday Craft Bazaar November 1
- Breakfast with Santa December 13

The Renton Senior Activity Center offers a wide range of classes for learning, entertainment, and creativity.

Lifetime Enrichment

- Computers
- Safe Driving
- Financial Workshops
- Keyboard

Arts and Crafts

- Ceramics
- Painting
- Woodcarving
- Bunka Embroidery
- Creative Memories
- Drawing
- Watercolor

Dance

- International Folk Dance
- Ballroom
- Mid-Eastern
- Line Dance
- Tap
- Hawaiian Dance

Fitness

- Tai Chi
- Aerobics
- Senior Fitness Training
- Low Impact Aerobics
- Strength and Balance

Hours

Monday - Friday 9:00am -5:00pm

Staff

Shawn Daly	Coordinator
Debbie Little I	Recreation Specialist
Patty Wills	Programmer
	Programmer
Kathie Svedin	Šecretary

Rosie Warren Driver

211 Burnett Avenue North

Dur Services

The Renton Senior Activity Center offers the following:

Health Services

- Free drop-in health check
- Foot care call 425.430.6662
- Low Vision Education Group
- Free blood pressure checks
- Hearing Loss Association Group
- Widowed Information and Consultation Services
- Clutter Busters Support Group

Legal Services

- Free legal information
- Statewide Health Insurance Benefits Advisor (SHIBA)

Nutrition Program

Lunch - Served Monday through Friday at 11:30am. Fee is \$3 per meal or \$5.75 if under 60. For information, call 425.254.1128.

Transportation Services

Renton Express - Mini-bus transportation service for senior citizens who live in the Renton School District and need to get to the Renton Senior Activity Center.

Computer Progams

Stop by and visit our computer room. This 12-station facility is the perfect environment for the first time user as well as the computer expert. Check out the "Golden Opportunities" brochure for a complete listing of class offerings.

Planning a Party?

The Renton Senior Activity Center, located along the banks of the Cedar River, offers a banquet room with a view. Hardwood floors, elegant stage, outside patio and kitchen make this facility the ideal venue.

Resident Non-Resident Senior Rates (60 & over): Wednesday/Friday (5-hour min.) \$225 \$300 \$325 Saturday/Sunday (5-hour min.) \$400 Additional hours \$75/hour \$75/hour Non-Senior Rates: Non-Resident Resident Friday (5-hour min.) \$375 \$450 Saturday/Sunday (10-hour min.) \$750 \$900 Additional hours \$75/hour \$90/hour

Wednesday/Friday rentals are available after 5:00pm only. Additional hours are not available on Wednesday. There is a damage deposit of \$400 for all non-senior events and \$100 for senior events (unless alcohol is served, then the \$400 deposit is required).

Renton Public Library

Operating Hours

Renton Downtown Library

100 Mill Avenue South 425.430.6610

Monday - Thursday 10:00am-9:00pm Friday & Saturday 10:00am-6:00pm Sunday Closed

Highlands Branch

2902 NE 12th Street 425.430.6790

Monday - Thursday 10:00am-7:00pm Saturday 10:00am-4:00pm Friday & Sunday Closed

Renton Public Library proudly presents

Fall Storytimes

at the Highlands Branch Tuesdays at 10:00am

Tuesdays at 10:00am September 23 to December 9

Preschool Stories

at Renton Downtown Library

Wednesdays at 10:00am
September 24 to December 10
"Fall" into the library, and enjoy stories, songs and fingerplays. Share a new theme each week, and explore the wonderful world of books together!

Pajama Storytime

at Renton Downtown Library

Mondays at 7:00pm September 22 to December 8 Wear your pajamas to the library, bring a stuffed animal, and enjoy stories, songs, and fingerplays before bedtime.

Halloween Storytime

at Renton Downtown Library

Monday 7:00pm October 27

Wear your costume to the library, for an evening of spooky stories and songs.



Teen Events

New Teen Advisory Board (Grades 6 to 12)

Hey, Teens! Do you love the library? Do you want to contribute to your community in a meaningful way? Renton Public Library is committed to being a teenfriendly environment. Join our new Teen Advisory Board, and exercise your creativity and develop leadership skills. We are currently looking for new members for the Fall 2008 school year. Meetings are once a month from 4:00 to 5:00pm at the Renton Downtown Library.

Thursday, September 11 Thursday, October 9 Thursday, November 13 Thursday, December 11

Teen Game Days (Grade 6 to 12) 3:00 to 5:00pm

at the Renton Downtown Library

Thursday, September 25
Thursday, October 30
(Halloween Party -Dress in costume)
Thursday, November 20
Thursday, December 18
(Teen Holiday Party)

Celebrate Teen Read Week 2008

October once again means it's time for Teen Read Week! During the week of October 12 to 18, teens are encouraged to stop by the Renton Downtown Library and the Highlands Branch and check out some "Books with Bite" to read just for the fun of it.

"Free People Read Freely" Banned Books Week

Every September, libraries across the country observe Banned Books Week to increase public awareness of the importance of intellectual freedom. Stop by either branch **September 27 through October 4**, and celebrate our freedom to read by picking out a banned or challenged book. Ask a librarian for a list of the most challenged books of 2007.

Special Events

Renton Downtown Library

Baby Signs - 10:30am

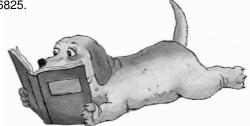
Friday, September 5 and 19 Friday, October 3 and 17 Friday, November 7 and 21 Friday, December 5

Friday, December 5
For parents with babies ages six months to 24 months. Signing allows you to share your baby's world without waiting for her to learn to talk. Research has shown that babies who are taught to use signs to communicate before they can speak actually begin speaking sooner. They are also likely to have a larger vocabulary once they begin to speak.

Paws to Read - Saturdays - 2:00-3:30pm

Ages 5 and up

Dogs are very good listeners. By reading to a dog, children can develop their reading skills and build confidence in a relaxed and non-judgmental environment. Children may bring a book from home or choose a book from the library. To register, call 425.430.6825.



September is Library Card Sign-up Month

If you live in the City of Renton or in King County, and don't have a Renton Library card yet, stop by the Renton Downtown Library or the Highlands Branch, and sign up for a Renton Library card today! It's fast; it's free, and it might even change your life.

Renton History Museum

Fall 2008 Speaker Series

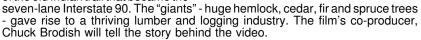
Please join us at the Renton History Museum for our fall program series. Programs are free with regular Museum admission, and always free for members.

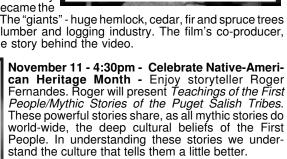
Youth and Adult Program-Second Tuesday of the month. Audience: high school through adult

September 9 - 4:30pm - Commemoration of September 11th - Professor Don

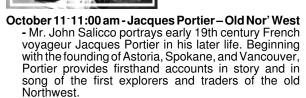
Holsinger presents "The Travels of Ibn Battuta: Explaining the Divergent Paths of Islam and the West.' By reliving the remarkable 14th century adventures of Ibn Battuta, the world's greatest pre-modern trav-eler, Holsinger illuminates the critical turning points that set the West and Islam on their divergent paths.

October 14 4:30pm - Land of the Giants - The program features a screening of Land of the Giants, a documentary that explores the story of the old Indian trail that became the





Family Program-Second Saturday of the month. Audience: elementary through adult.



November 8 - 11:00am - Celebrate Native-American Heritage Month - Harvest Moon provides an in-depth

look at tribal life, from chiefs down through slaves with Occupations of the Long House." She includes legends that will fascinate and

intrigue people young and old and then translates the legends' hidden meaning.

December 13 - 11:00am - Celebrate the Holiday Season - Allan Hirsch and "The Real Toy Story." This is a rare opportunity for children and their families to hear about the origins of toys and also to have a chance to try them out! The program includes tools that became toys, the Pharaoh's Fan, the Ancient Chinese Bamboo Dragonfly, the Eskimo Yo Yo, the Australian Bull Roarer, Native-American Darts, Rachet Noise-Maker from India, the Greager from Israel, and many, many more.

425.255.2330

General

Elizabeth Stewart Museum Manager

Located at 235 Mill Avenue South in Renton, the Renton History Museum is open Tuesday through Saturday, 10:00am to 4:00pm, except holidays.

Admission

Adults: \$3.00 Children over 7: \$1.00 Renton Historical Society members are admitted free. Admission is free to the public on the first and third Saturday of each month.

Tours

Renton History Museum offers tours by appointment for groups of children, including camp and daycare groups. We provide age-appropriate tours that include such hands-on activities as buttermaking, handling coal, washing clothes on a washboard, beating rugs, etc. Cost is \$2 per person. Minimum fee per group is \$20. To reserve a tour, please call 425.255.2330 at least two weeks in ad-



Free Tours

The museum offers free tours at 11:00 a.m. on the third Saturday of the month. The tours are appropriate for elementary students through adult.

No reservation is necessary, unless there are more than five people in your group. In that case, please call the museum at least one day in advance so that more tour guides are available when you come.



Maplewood Golf Course

Fall & Winter Specials

With the holiday season right around the corner, Maplewood Golf Course offers one-stop shopping for all golfers. Check out our fully stocked pro shop and all of our winter golfing specials. Winter golf specials begin November 1. Please call the pro shop for additional details. Don't forget, this is a great time to schedule your company, staff, or family golf tournament. There are fantastic dates available, but they go fast! This is also a great time of year to tune up your game and keep those muscles loose. Check out our golf lesson program.

Golf Course Staff

Kelly Beymer	Golf Course Manager
Kathy Ruff	Golf Course Operations Specialist
Mike Toll	PGA Head Professional
Kirk Gleason	PGA Assistant Professional
Chris Hughes	
Steve Meyers	
Pete Frigard	
Dave VanSantford	
Greg Haake	

Green tees
Through October 2008
18 Holes Weekday (Monday-Thursday) \$29.00 Weekend (Friday-Sunday) \$33.00
9 Holes
Daily\$19.00 Third Nine\$11.00
Junior Rates (Monday-Thursday only)
18 Holes
Senior Rates (Monday-Thursday only)
18 Holes \$19.00 9 Holes \$15.00
·
Effective November 2008-March 2009 18 Holes
Weekday (Monday-Friday) \$19.00
Weekend (Saturday -Sunday) \$29.00
9 Holes
Daily \$19.00 Third Nine \$11.00
Junior Rates (Monday-Friday) 18 Hole Round\$12.00
9 Hole Round \$12.00

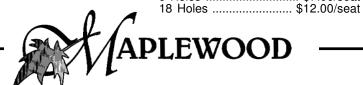
Senior Rates (Monday-Friday only) 18 Hole Round\$15.00 9 Hole Round \$15.00

Classes & Lessons

Private	
Full Hour\$60.00)
Half Hour\$40.00	
Series of Four	
Full Hour\$220.00)
Half Hour\$140.00)
Two People	
Full Hour \$60.00)
Three People	
Full Hour\$75.00)
Group	
Series of four (4) one-hour classes	
4-6 People\$90.00)
Juniors (17 & under)	
Half Hour\$20.00)
Playing Lesson	
Four Holes\$50.00	J
Nine Holes \$100.00	J

inrough October 2006
Power Carts 18 Holes \$24.00 9 Holes \$14.00 Trail Fee \$8.00
Pull Carts 18 Holes \$4.00 9 Holes \$2.50
Club Rentals Full Set
Effective November 2008-March 2009 Power Cart

9 Holes \$7.00/seat



Voted "Best Public Golf Course" four years in a row from the "Readers Choice Award" of the King County Journal, Maplewood Golf Course is challenging and fun for all players. This par 72 course plays to just over 6,100 yards from the back tees. With ponds, traps, creeks, tree-lined fairways, and firm fast greens, solid ball striking and course management is a must. Our continued sanding program of fairways and tees, and our professional and friendly golf course staff keep Maplewood in great shape year round.

Tee times are accepted one week in advance. Being one of the busiest courses in the Seattle area, it is strongly recommended that you call to book a tee time as early as possible.

Course Yardage

Blue Tees 6,117 yards 5,698 yards White Tees Red Tees 5,155 yards

Drivina Ranae

Maplewood's 30-station driving range is open daily. For more information on hours and instructional programs, call 425.430.6800.

Large Bucket (70 balls) \$7.00 Small Bucket (40 balls) \$4.00 Warm-up Bucket (20 balls) \$2.00 Discounted driving range programs available.

Pro Shop

At our full-service pro shop, you will find a wide variety of attire and equipment. If you do not see what you are looking for, let us know and we will special order it for you. Please come in and give us the opportunity to show you why we have been voted "Best Public Golf Course" for four consecutive years.



Human Services

Housing Repair Assistance Program (HRAP)

The City of Renton Housing Repair Assistance Program (HRAP) helps low-income, resident homeowners with free services focused on health and safety. These services help keep housing affordable and safe, and neighborhoods attractive. Eligibility guidelines, program information, and downloadable applications are available at rentonwa.gov. Search for HRAP or call 425-430-6650. Families meeting the size and income criteria on the chart below may qualify.

Maximum Annual Income
\$43,050
\$49,200
\$55,350
\$61,500

Ten Steps to a Safer, Warmer Winter

For more details, please visit the HRAP homepage at the City of Renton website, rentonwa.gov, at Living: Home and Property. A link to Seasonal Home Maintenance Tips is in the left-hand column.

Exterior

- Remove excess leaves and damaged branches surrounding the house.
- Maintain gutters.
- Inspect the roof.
- Inspect exterior walls, doors, and windows.
- Maintain steps and handrails.
- Shut down sprinkler systems and outside faucets.

Interior

- Check the heating system.
- Change furnace filters.
- Have the chimney inspected by a qualified chimney professional.
- ◆ Test fire alarms, smoke detectors, and carbon monoxide detectors.

Thanksgiving Dinner at St. Anthony's Church

You are invited to join other Renton residents at St. Anthony's Church (416 S. Fourth, Renton) for a Thanksgiving Day Dinner, November 27 at 2:00pm. It is for those who want to be with other people in a non-threatening, family style, friendly environment. Those new to the area, recently divorced, experiencing loneliness and families with children are all welcome. Donations are accepted but not required. Sponsored by REACH (Renton Ecumenical Association of Churches). Volunteers and entertainment come from member churches but no religious affiliation is required.

Food Donations Urgently Needed

The Salvation Army Renton Rotary Food Bank located at 720 S. Tobin Street, needs donations, especially frozen meats, dairy products and vegetables. The usually overstocked freezer is bare, as the number of clients has doubled in recent months. The needs include frozen pork, turkey, beef, lamb and other meats that can feed an individual or a large family. The food bank serves an average of 7,600 individuals per month, and this number has more than doubled over the past year. As Captain Terry Masango said recently, "Anything anyone out there can do to help us help others would be greatly appreciated."

Need Help Finding Services?

There is a new interactive map on our website that can assist you in locating various service agenicies in the City of Renton. Visit http://rentonwa.gov/government/default.aspx?id=18030 for more information.

425.430.6650

Time for Fall Closet Cleaning!

Clothing donations are greatly appreciated at the Renton Clothes Bank which is located at 1025 S. 3rd Street in Renton. They accept clean, wearable clothing Monday through Thursday from 2:00pm until 4:45pm. Bring your donations to the back door - just knock! The Clothes Bank provides no-cost clothing to clients. Referrals required to show need.

Holiday Programs from the Salvation Army

Need assistance during the holidays? Looking for an opportunity to help others? The Salvation Army will be taking applications for holiday assistance from late November to mid-December, 2008. If you would like to sign up, or for individuals or companies who would like to participate in volunteering or donating, please call 425-255-5969. Below are brief descriptions of the two holiday assistance programs.

- ◆ In the Adopt-A-Family Program, companies and/or individuals wishing to help a family during the holidays are matched up with one or more of the applicants. The Salvation Army asks sponsors to provide dinner (preferably a gift certificate to a grocery store) and at least two new gifts per child. Donors deliver the items to The Salvation Army office, 720 S. Tobin Street, Renton. The families will then pick up their gifts.
- ◆ The Giving Tree Program also helps families during the holidays. Tags with a child's first name, size, and an item or two the child would like, are attached to Giving Trees at Renton City Hall (1055 S. Grady Way) and the Renton Community Center (1715 Maple Valley Highway). To donate, simply take one or more tags. Return the unwrapped gift(s) to the tree with the tag attached.



Facility Locations

Benson Hill Elementary School 18665 116th Avenue SE

Burnett Linear Park 502 Burnett Avenue S.

Carco Theatre 1717 Maple Valley Highway

Cascade Elementary School 16022 116th Aveue SE

Cascade Park 16165 126th Avenue SE

Cedar River Boathouse 1060 Nishiwaki Lane

Cedar River Park 1717 Maple Valley Highway

Cedar River Trail From Lake Wa. to Jones Road

Earlington Park 272 Thomas Avenue SW

Gene Coulon Memorial Beach Park 1201 Lake Washington Blvd. N.

Glencoe Park 4440 NE 24th Street

Hazen Pool 1101 Hoquiam Avenue NE

Henry Moses Aquatic Center 1719 Maple Valley Highway

Heritage Park 233 Union Avenue NE

Highlands Elementary School 2720 NE 7th Street

Highlands Library 2902 NE 12th

Highlands Neighborhood Center 800 Edmonds Avenue NE

Jones Park Wells Avenue S. at Cedar River Kennydale Beach Park 3601 Lake Washington Blvd. N.

Kennydale Elementary School 1700 N. 28th Street

Kennydale Lions Park 2428 Aberdeen Avenue NE

Kiwanis Bicentennial Air Park 260 Rainier Ave. N.

Kiwanis Park 815 Union Avenue NE

Lake Street Park 1511 Lake Avenue S.

Liberty Park Bronson Way N. & Houser Way N.

Liberty Park Community Building 1101 Bronson Way N.

Lindbergh Pool 16740 18th Avenue SE

Maplewood Golf Course 4050 Maple Valley Highway

Maplewood Heights Elementary School 13430 144th Avenue SE

Maplewood Park 3400 SE 6th Street

Maplewood Roadside Park 3201 Maple Valley Highway

McKnight Middle School 1200 Edmonds Avenue NE

Nelsen Middle School 2403 Jones Avenue S.

North Highlands Neighborhood Center 3000 NE 16th Street

Paws-Abilities (Tukwila) 1007 Industry Drive. Building #33

Philip Arnold Park 720 Jones Avenue S. Piazza Park S. 3rd Street and Burnett Avenue S.

Renton Community Center 1715 Maple Valley Highway

Renton Greenhouse and Garden 101 Williams Avenue N.

Renton History Museum 235 Mill Avenue S.

Renton Park Elementary School 16828 18th Avenue S.

Renton Public Library 100 Mill Avenue S.

Renton Senior Activity Center 211 Burnett Avenue N.

Renton Memorial Stadium Logan Avenue S. & N. 4th Street

Ron Regis Park 1501 Orcas Avenue SE

Riverview Park 2901 Maple Valley Highway

Sierra Heights Elementary School 9901 132nd Avenue SE

Sunset Court Park 1150 Harrington Avenue NE

Talbot Hill Elementary School 2300 Talbot Road S.

Talbot Hill Reservoir Park 710 S. 19th Street

Thomas Teasdale Park 601 S. 23rd

Tiffany Park 1902 Lake Youngs Way SE

Tiffany Park Elementary School 1601 Lake Youngs Way SE

Tonkins Park 399 Williams Ave. S.

Windsor Hill Park 432 Windsor Way NE

Community Services Administration 1101 Bronson Way N.

Phone:425.430.6600

Hours: M-F 8:00am - 5:00pm

Human Services 200 Mill Avenue S. Phone:425.430.6650

Hours: M-F 8:00am - 5:00pm

New to Renton's Parks

Burnett Linear Park Gets Makeover!

Burnett Linear Park, located on Burnett Avenue between S. 4th Street and S. 7th Street was originally developed in 1980 over the abandoned Burlington Northern railroad corridor. Original improvements included paved parking and landscaping between South 4th and 5th Streets to serve the park and local businesses. Between South 5th and 7th Streets, fill was brought in to raise the elevation of the park, London Plane trees were planted (some of which still exist today), a concrete walk was installed as well as a small children's play area, picnic tables, open lawn areas, and irrigation.

After nearly 25 years of use, the park was showing signs of general aging, the sidewalk was heaving, and the play equipment was outdated and deteriorating. Phased master planning to refurbish this neighborhood park and construction has occurred over the last three years.

In 2005, the area between South 5th and South 6th Street was re-master planned to include a larger play area with new play equipment, a redefined and relocated walk/trail, new picnic area, tree removal, new landscaping, benches, litter receptacles, and irrigation. Tables were refurbished by the Parks crew with the remainder of the work completed under a construction contract. Phase I construction was completed in 2006 and included funding assistance from the Transportation Systems Division as well as from the City's General Fund. The total construction cost for Phase I was \$157,352.

Also in 2006, the London Plane trees planted in the parking area between South 4th and South 5th Streets were removed due to the damage these trees were causing to all paved areas. The trees were replanted with a much smaller, more appropriate tree species and damaged pavement was replaced. The total cost for these improvements was \$30,000.

In 2007, the section of the park between South 6th and South 7th was surveyed and re-master planned to include a wider and realigned concrete walk, new landscaping and irrigation, and relocated EQUII sculpture in a new plaza area with seating, creating a park entry feature. Construction commenced in early summer 2008 and will be completed by fall quarter 2008. The EQUII sculpture was refurbished at no cost to the City by the original artist, Dan Aragon of Renton Technical College. Funding was derived from the Transportation Systems Division for the widened and relocated walk; the Custer Fund, administered by the Renton Community Foundation, and City General Fund money. Estimated costs for this phase of construction is \$228,363.

Today, Renton has a newly refurbished neighborhood park for people to enjoy!



There will be an official dedication in early fall. Watch for details on rentonwa.gov.







Sign Me Up!

Resident Policy

Addresses within the greater Renton area do not accurately indicate whether or not a household and/or business is located within Renton City limits or unincorporated King County. If your address conforms to the examples below, you live inside the Renton City limits.

- Have a four digit or less house number and a one or two digit street address. For example, 1234 SE 4th Street, Renton.
- Have a four digit or less house number and a street name. For example, 1234 Main Avenue S., Renton.
- Have a five digit house number and were annexed by the City of Renton after August 25, 2006.



ADA Accommodations

Most City of Renton facilities are wheelchair accessible. The City of Renton provides reasonable accommodations for those with disabilities. American Sign Language (ASL) interpreter available upon request. For this or other assistance, pleace call two weeks in advance: 711(TDD) or 425.430.6700.

Scholarships

Scholarships are available for some classes or programs but scholarship funds are limited. For more information, please call 425.430.6718.

"The Renton School District does not sponsor, endorse, or recommend any of the organizations, services, or activities described in this information. This information is provided solely for the convenience of our students and parents to assist in their review of the safety and suitability of such organizations, services and activities."

Registration Dates

City of Renton residents only: Tuesday, August 26, 2008 Open registration begins: Thursday, August 28, 2008

- Registration hours are 7:00am to 7:00pm, Monday through Friday, and 8:00am to 5:00pm on Saturday. Registrations not received during registration hours will be processed the following day.
- Mail-In/Fax-In registrations received before registration is open to the general public will be processed after 12:00pm on August 30. Walk-in registrations have first priority.
- Participants under the age of 18 must have parent/guardian consent to participate.
- Snacks and/or refreshments may be served at some programs. A portion of the registration fees may be used to purchase supplies and/or snacks.
- Pre-registration is required for all classes unless otherwise noted.
- All classes are held at the Renton Community Center unless otherwise noted.
 Site locations can be found under Parks and Facilities.
- · Fees include Washington State sales tax where applicable.
- This class schedule is published for informational purposes only and are subject to change without notice. Every effort is made to ensure accuracy at the time of publication.
- Don't hesitate. Register early to ensure that the program you desire isn't filled or canceled due to below minimum enrollment.
- Supply fees are additional fees paid directly to the instructor for items not included in the class fee or provided by the City of Renton Community Services Department.

Registration Confirmations

To save processing costs, the City of Renton does not send receipts or confirmations. Please keep a record of the dates and times for classes in which you enroll. You will be notified if there is a problem with your individual registration or if a class has been filled, canceled, or rescheduled.

Satisfaction Guarantee

- Full refunds will be made for any program canceled by the City of Renton.
- To be eligible for a refund, a written request must be received at least five working days prior to the start of the program. The refunded amount will be the class fee less a \$3 administrative fee.
- No refunds will be issued to athletic teams, for league play or tournament play, if the request is made after schedules have been completed.
- Picnic shelter cancellations must be made at least two (2) weeks in advance of the reservation date to be eligible for a refund. The amount refunded will be the reservation fee less a \$30 cancellation fee.
- All other refunds will be determined on a case-by-case basis.
- If your original payment method was cash or check, you will be issued a check through our Finance Department in approximately four to six weeks.

Disclaimer

The classes and workshops offered in this brochure are designed to be useful and informative. We do not endorse any products or programs that are presented. It is the individual's responsibility to make informed decisions regarding these issues.

Inclement Weather

In the case of inclement weather (i.e., snow, flooding, heavy winds), Renton School District procedures will be followed. If Renton schools are closed, all City of Renton Recreation classes and activities will be cancelled. If schools are two hours late, all classes and activities scheduled to begin before 11:00am will be cancelled. All others will be held as scheduled. If the Renton School District is one hour late or has announced limited transportation, all classes and activities will be held as scheduled. If an evening or weekend class is in question, please call 425.430.6700.

Sign <u>Me</u> U

Six Easy Ways to Register



Renton Community Center, 1715 Maple Valley Highway, Renton, WA 98057. Monday-Friday: 7:00am to 7:00pm, and Saturday: 8:00am to 5:00pm.



Complete the registration form and include Visa or MasterCard number, expiration date, and card holder signature. Fax to Renton Community Center at *425.430.6701* during regular business hours, or mail to **City of Renton Community Center**, 1715 **Maple Valley Highway, Renton, WA 98057**.

Person-to-person phone-in registration is available Monday through Friday, 11:00am to 3:00pm beginning **Thursday, September 11, 2008.** Please have registration information and credit card ready. **Call 425.430.6700.**



Cyber Sign-Up and Fast Phone-In are available 24 hours a day and allows you to register for programs. To use Cyber Sign-Up go to www.cybersignup.org or visit the City's website at rentonwa.gov .To use the touch-tone system, call **425.430.6729**. For both methods you will need the following:

- Participant barcode
- Family PIN
 Program course number
- Valid Visa or MasterCard number and expiration date

Please Print

Please make checks payable to City of Renton. Notification will be made only if classes are canceled.

Adult: Last Name: ______First Name: ______

Street Address:							
City:	State:				_ Zip: _		
Home Phone:		Work Phone			one:		
Participant's Name	Birthdate		Course #	Course Name	Fee	If course not course # of al	
				Total:			
Being fully informed as to these risk to participate in City sponsored act assume all risk of injury, damage, ar or use. I also hereby individually, assigns, release and hold harmless and agents, and waive any right of or a lawsuit against them for any pe occurring to me arising out of my vo give permission to the City of Rent photos taken during this activity, whin publications promoting program guardian must sign if participant is a	ivities and/or use and harm to myself and on behalf of the City of Rento recovery that I mrsonal injury, dealluntary participatition and the Recresion might include s or activities wi	of City f arising from the inguity my heirs n, its officient have th, or oth on in this eation Dir me or m thin the	racilities, I herebom such activities, s., executors, an cials, employee to bring a clair er consequence activity. I hereby vision to use ar y child (children City. Parent of	CASH CHECK/MONEY ORD CHECK/MONEY ORD Mastercard # EXPIRATION DATE: DATE:		VISA 🗆	
Signature		Date:	·	By:			

Need a way to Celebrate?

Here is a fun and easy way to celebrate your child's birthday at the Renton Community Center. Set-up and clean-up required by renter. Party size limited to 25 guests. Call 425.430.6700 or visit rentonwa.gov.



Preschool Package - This party package is designed for children 5 years and under. Celebrate your big day with a two-hour party in the Kids Korner. Includes preschool chairs and plenty of space to play. Cost is \$30 for residents and \$35 for non-residents.

Bounce Around Birthday - A great time for busy children ages 3 to 6 years old. Your party includes one hour in a classroom to have some food, serve cake, open presents, etc., and one hour in a racquetball court with an inflatable bounce, slide, hula hoops, and small basketball hoop and balls. Cost is \$55 for residents and \$65 for non-residents.

Good Sport Package - Children 7 years to young teen will hoop it up with one hour of gym time to play basketball or volleyball. You will have an hour of classroom time to serve your guests pizza, cake, etc. Set-up is for one sport only. Cost is \$40 for residents and \$45 for non-residents.



Hassle Free Holiday Bazaar Friday, November 21 and Saturday, November 22

Shoppers, make Renton Community Center your first stop for those special holiday buys. Over 100 vendors will be on hand to present a wide variety of hand crafted items just in time for your holiday decorating. Friday, shop from 11:00am to 6:00pm and Saturday, shop from 9:00am to 5:00pm. Food and refreshments will also be available.

Call Shirley Anderson or Jennifer Spencer at 425.430.6700 for information.

Renton Recreation Division 1715 Maple Valley Highway Renton, WA 98057

PRSRT STD US POSTAGE PAID RENTON, WA PERMIT NO. 137

Postal Customer